

MINI VOLLEYBALL RULES

ELIGIBILITY: Grade 6 Boys and Grade 6 Girls

EQUIPMENT: Please bring 2 balls

NUMBER OF PLAYERS: 6 players on the court at any one time, the positions and rotation of players will follow the Canadian Volleyball rules.

PLAYING TIME

Where ever possible the playing time will be 15 minutes.

Please be ready and on the court at your scheduled playing times.

GENERAL RULES

1. Court

The match will be played on a badminton court.

2. End of a Match

Teams will line up on the end line on their half of the court and on the official's signal both teams will come forward and shake hands.

3. Serve – net serve is not loss of serve.

- a) The serve will be a **volleyball serve** which may be made anywhere in the back half of the court. Emphasis should be placed on serving the ball to the back part of the opposing team's court.
- a) A player may not take more than 5 consecutive serves.

4. Receiving the Serve

- a) The **1st player** to receive the ball must bump or volley or tip the ball, and immediately pass the ball.
- b) The 2nd player must catch the ball. The catch must be a hand catch not a cradle. The **ball cannot be held but the movement in receiving (catching) the ball and passing the ball must be continuous.**
- c) The 3rd player must volley, tip or bump the ball. Emphasis should be placed on controlling the ball upon receipt of the ball and carrying out a passing pattern. **The ball may be volleyed or tipped or bumped, but not spiked.**
- d) 3 players must throw/volley the ball before the ball is returned to the opposing team.
- e) **Touches should be 2-handed and no steps can be taken while in possession of the ball.**

5. Out of Bounds and Net Violations

Follow the Canadian Volleyball Rules.

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MODIFIED MINI VOLLEYBALL RULES

ELIGIBILITY: Grade 5 Boys and Girls

NUMBER OF PLAYERS: There shall be only 6 players per team on the court playing at any time. All teams from the same school must be balanced in strength.

LENGTH OF GAME: Wherever possible the playing time will be 15 min – with a minimum of 10 minutes straight time. This will allow time for shaking of hands at the end of the game.

GENERAL RULES

1. Start of Game

All games shall start and end at the sound of a horn.

2. Team Members

Team members must play on their designated team.

3. Rotation of Players

Follow the Canadian Volleyball rules.

4. Substitution

Substitution may occur when the serve is won but the substitute must rotate into the serving position.

5. The Serve

- a) The serve may be **thrown (underhanded only)** over the net or **served** as in the Volleyball serve.
- b) The serve may not be helped over the net by the ball being tipped or hit by another player.
- c) The server must wait for the nod or whistle from the referee before serving.
- d) The line of service maybe moved closer to the net for smaller students.
- e) Net Serve is **not** loss of serve.

6. Rules of Play

- a) The **1st and 2nd players** must receive the ball with a **catch**. The **3rd player** to receive the ball must **bump, volley or tip** the ball over the net. The ball may not be spiked over the net.
- b) **Players may not run or take steps while in possession of the ball.**
- c) Should a player catch the ball in the air, he/she may land using a one or two step landing, but the player may not take additional steps.
- d) The ball may be played from the net.
- e) When two players catch the ball simultaneously, that shall be considered as two catches.
- f) No Fumbles – a player cannot catch his/her own throw or fumble, that is no double touch.
- g) A ball that is tipped by a player counts as a catch.
- h) Should the ball touch the floor or hit an object or person that is out of bounds (such as a hanging basket or ropes) the team committing the fault will lose the serve.
- i) Only 2-handed touches allowed.

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