



G M A A

Greater Montreal Athletic Association – 5925 Monkland Ave, Suite 101, H4A 1G7
 Phone: 514-482-8555 Fax: 514-487-0121 Email: gmaa@gmaa.ca Website: www.gmaa.ca

Wrestling Sports Committee

Notice of Meeting

DATE: November 8, 2023

TIME: 4:00 p.m.

PLACE: Zoom

Minutes

Chairman: Jayson Chen

Nominated: Ryan Sargeant

Seconded: Brian Pitts

Unan.

100 Additions to and approval of agenda

Motion to approve: Jason Chen

Seconded: Phil Lafave

Unan.

200 Approval of last year's minutes

Motion to approve: Jason Senkerik

Seconded: Christopher Kinsella

Unan.

201 Business arising from the minutes

202 Summary of 2022-2023

The 2022-2023 season was the GMAA 1st full season back since 2020. 12 schools participated with a total of 141 wrestlers. With the increased number of schools, it was voted on at the pre-season meeting to divide the league into two sections. On-Island and Off-Island teams wrestled everyone in their section once.

The off-island section hosted their season over 2 meets (Jan 12th at HSBHS and Feb 2nd KSS) This was in part due to a snowstorm that forced the rescheduling of the MVHS meet.

The on-Island section hosted their season in 4 meets (1 dual, 1 tri and 2 larger meets)

Tony Ronci was the referee assignor

HSBHS hosted the all-star and championship meet. PGO was initially scheduled to host the championship meet on a Saturday, an outside tournament was scheduled for the same date, resulting in a date change and HSBHS hosting.

With smaller team sizes, there was a discussion to move away from the dual meet system. The GMAA is one of the last conferences to run a league in this format, many leagues have moved to tournaments

300 Registrations and Invoices

Team registrations were due Thursday, November 2nd through S1. This year every school will be receiving an invoice following the season, (Team fees: 300\$ + 26.00\$ per athlete, non-members: an additional 75.00\$). This covers all fixed costs, in addition, schools will be charged their portion of the refereeing cost depending on the number of tournaments they attend. In years past the season comes to around 700\$

Player Registrations must be completed, through S1, prior to your first meet. Students who are not part of the original registration may be registered through S1 at any time. To be eligible for the Individual Championship a wrestler must have wrestled in at least one (1) meet.

400 GMAA League

401 League Format (tournaments, dual meets, tri-meets, team standings)



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There was a long discussion about different formats and the benefits behind each one. The consensus was that the goal of the league is to help develop athletes by allowing them to gain experience through competitive matches.

The question was asked if schools wanted to play a league style with 2 sections where everyone wrestles each team in their section or 1 large section where everyone wrestles everyone. The option discussed for the 1 large section was to host 3 to 4 big season tournaments that included all teams. The general feeling was that although the theory of a few large tournaments would be convenient, in practice the students would have to miss multiple days of school to facilitate this. Weekend tournaments were suggested to limit missing class time. Coaches felt this would conflict with other wrestling tournaments and students who play multiple sports.

There was a vote held

For 2 sections (dual meet format) : 8 For 1 section (tournament format): 4 Abs:1

It was passed that there would be two sections, an on-island section (8) and an off-island section (5). Schools will set up competitions in whichever format works best for their team (ex. dual meets, tri-meets, quad-meets, etc)

To help organize meets, a google doc was shared with the coaches. Each coach was asked to complete the document with the number of wrestlers they have per weight class. This is to help schools know which wrestlers match up and allow the host school form a draw in advance of the meets. Coaches expressed how important this is, there was discussion on making it mandatory, for this year it will remain highly recommended.

402 League Rules

Points for the championships will be awarded at the end of the season to both sections, it will be the same points format from last season where at the end of the regular season points are awarded 1-2-3-4-5-6 from Section A and the same from Section B

403 Weigh In System (red dot system)

The red dot system will be in place for the championship. We will ask the pairing master to randomly implement the red dot system for the championships. As stated in the GMAA handbook "At weigh in the wrestler may be challenged during the season. When challenged, the wrestler must weigh within 2.2lbs, 1kg. of the weight class."

404 Score Sheet

Score sheets are downloaded off the website and completed by the coaches.

500 Season Calendar

501 Scheduling Meeting 13, Boys teams & 12 Girls Teams:

BA - Beurling Academy
ESPGO - ES Paul-Germain-Ostiguy
HRHS – Heritage Regional HS
HSBHS – Howard S. Billings



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JRHS – John Rennie High School
KSS - Kahnawake Survival School
LOY - Loyola High School
MVHS- Massey Vanier High School
PCHS – Pierrefonds Community High School
ROYAL- Royal West Academy
RVALE – Royal Vale
*SELW - Selwyn House School
VMC – Vincent Massey Collegiate

2 sections, wrestle everyone in your section once:

On Island	Off Island
BA	ESPGO
JRHS	HRHS
LOY	HSBHS
ROYAL	KSS
RVALE	
PCHS	MVHS
SELW	
VMC	

502 Season starts November 20th, 2023 – season ends February 9th, 2024

503 All-Star Meet – The all-star Thursday, Feb. 8th at 1:30pm. The All-Star meet moves on a rotation, allowing all schools the opportunity to highlight the sport at their school.

To allow more schools the opportunity to have wrestlers Peter Montour (HSBHS) proposed to change the structure to on- island all-starts vs off-island all-stars structure

Second – Jason Chen - ROYAL Unan.

John Rennie will host the all-star meet this year. Peter Montour will organize the off-island all stars and Christopher Kinsella will organize the on-island all-stars

504 Team Weigh in: Tuesday, Feb 13th

Schools will conduct the weigh ins at their school, they must have either their athletic director or a member of their administration present. We will ask the pairing master to randomly implement the red dot system for the championships. As stated in the GMAA handbook “At weigh in the wrestler may be challenged during the season. When challenged, the wrestler must weigh within 1kg or 2.2lbs. of the weight class.”

505 Seeding meeting – 4:00pm - on zoom

The seeding meeting is set for Tuesday, Feb 13th at 4:00pm. Attendance by all coaches is mandatory, it was agreed upon that zoom is best option.

The draw master will send an excel sheet for coaches to use. Coaches will need to send the sheet to the draw master before the end of the seeding meeting, they are also required to bring a copy to the championships. All game sheets will be available on S1 to help with seeding.



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506 Championship

The Championships are scheduled for Thursday, Feb. 15th at 9:00am 2024. Loyola has first choice at hosting as last year's champions, they have passed on hosting this year.

HSBHS and JRHS both expressed interest in hosting, both coaches have ample experience hosting tournaments and would like the opportunity to showcase the sport in their area. A vote was held, HSBHS will host this year's championships.

HSBHS 6

JRHS 5

600 New Business

601 S1 and website

The host school must enter the final score from each meet on S1 the night of the meet (even if they are not participating in the matches.) The scoresheet(s) must be uploaded onto S1 the next day.

For the score sheets you will be able to generate the list of participants off S1 prior to the meet, but we will continue to use our score sheets. They are available on the GMAA website.

602 Officials – Sophie Leboeuf and Tony Ronci

Sophie Leboeuf will be our assignor this season. Her contact information will be sent out to all the coaches in the coaches list. If an official does not show up to a scheduled meet there are two options.

Option 1 is that the coaches' referee or find someone present to referee the matches.

Option 2 is to reschedule the meet to a later date. If one/both coaches referee the matches, please send the information in writing to the GMAA so that payment can be sent to the appropriate individuals.

Asked for pairing to be done prior to the meet – especially all-star meet, complete a draw sheet

603 Handbook Revision and Governing Rules

Please make sure to register your coach on S1, ensure their contact information is up to date (email and cell phone number), this will be where we get the contact information to share all league updates. If you do not have a coach registered with the team on S1 prior to your first game, the school will receive a \$50 fine.