

SPORT. EDUCATION. PRIDE.



G M A A

Greater Montreal Athletic Association – 5925 Monkland Ave, Suite 101, H4A 1G7

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RSEQ GMAA HALO ROAD RACE

Event Dates

Elementary & High School: Wednesday, May 13th, 2026

Elementary: Thursday, May 14th, 2026

Schedule: The schedule will be drawn up 2 weeks prior to the event. Elementary races are scheduled from 10 :00 to 12:30pm and High races are from 1:00-3:00pm

Location: Mont Royal- Beaver Lake

Pre-Registration: Your athletes and coaches must be registered in advance through S1: <https://s1.rseq.ca/>

Team Entries and player registrations: April 10th

Race Distances:

Elementary & High School Inclusive Race- 1km

Grades 3&4- 1 km

Grades 5 & 6- 2km

HS Open Race- 2km

Bantam-2km

Cadet-4km

Juvenile- 5km

Elementary students will be divided into races based on their garde level, and High School Students must run in their category. Students may race in an older age category.

Awards: Top 3 runners from each race will receive a medal.

Staff Member: Schools must have at least one staff member present.

First Aid Policy: The GMAA will provide an Athletic Therapists.