



G M A A

Greater Montreal Athletic Association – 5925 Monkland Ave, Suite 101, H4A 1G7  
Phone: 514-482-8555 Fax: 514-487-0121 Email: [gmaa@gmaa.ca](mailto:gmaa@gmaa.ca) Website: [www.gmaa.ca](http://www.gmaa.ca)

**Wrestling Sports Committee**  
**Notice of Meeting**

DATE: November 9, 2023  
TIME: 3:30p.m.  
PLACE: Zoom

**Minutes**

Chairman: Rob Moore- SELW  
Nominated: Jason Chen - ROYAL

Seconded: Peter Montour - HSBHS Unan.

**100 Additions to and approval of agenda**

Jasson chen asked to have information on an upcoming clinic sent to the coaches.

Motion to approve: Phil Lafave - LOY Seconded: Christopher Kinsella – JRHS Unan.

**200 Approval of last year's minutes**

Motion to approve: Jason Chen – Royal Seconded: Peter Montour - HSBHS Unan.

**201 Business arising from the minutes**

**202 Summary of 2021-2022**

In 2021-2022 there were 7 boys' teams (68) and 3 girls' teams (8). As it was the 1<sup>st</sup> year back after covid, the coaches decided for safety to focus on preparing their athletes for the championships. There were no season meets scheduled.

**300 Registrations and Invoices**

Team registrations were due Thursday, November 3<sup>rd</sup> through S1. This year every school will be receiving an invoice following the season, (Team fees: 230\$, non-members: an additional 75.00\$). This covers all fixed costs, in addition, schools will be charged their portion of the refereeing cost depending on the number of tournaments they attend. In years past the season comes to around 700\$ To help increase the number of referees available, it was discussed to organize a refereeing clinic. Loyola would be interested in hosting; the office will ask Toni what the next steps would be.

Player Registrations must be completed, through S1, prior to your first meet. Students who are not part of the original registration may be registered through S1 at any time. To be eligible for the Individual Championship a wrestler must have wrestled in at least one (1) meet.

**400 GMAA League**

**401 League Format (tournaments, dual meets, tri-meets, team standings)**

The question was asked if schools wanted to play a league style where everyone wrestles each school once or 2 sections and you wrestle within your section. The other option discussed, including an exhibition season or multiple big season tournaments including all teams. The general feeling was that schools would like league standings for the season.

Jason Chen put a motion on the floor to have 2 sections, the teams wrestle every school in their section once over the season.



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Proposed: Jason Chen – ROYAL

Seconded: Mark-Anthony Roache - HRHS

For: 8

Opp: 3

Abs: 1

Schools will set up competitions in whichever format works best for their team (ex. dual meets, tri-meets, quad-meets, etc) There is one referee location per day.

To help organize meets, a google doc was shared with the coaches. Each coach was asked to complete the document with the number of wrestlers they have per weight class. This is to help schools know which wrestlers match and help ensure wrestlers do not travel if they do not need to.

#### 402 League Rules

League rules were discussed during the pre-season meeting.

Pts for the season would be 1-2-3-4-5-6 from Section A and the same from Section B

Proposed: Jason Chen – ROYAL

Seconded: Jeroo Jamaji - BA

Unan.

#### 403 Weigh In System (red dot system)

The red dot system will be in place for the championship. We will ask the pairing master to randomly implement the red dot system for the championships. As stated in the GMAA handbook "At weigh in the wrestler may be challenged during the season. When challenged, the wrestler must weigh within 5 lbs. of the weight class." This was re-discussed later in the meeting, and it was voted on to change the challenge weight to be within 2.2lbs, 1kg.

#### 404 Score Sheet Revision

This was on our 2019-2020 post season meeting agenda. Are there any changes we would like to see made to the score sheet? As it stands the score sheet is downloaded off the website and completed by the coaches, this will be made easier knowing in advance which wrestlers will meet up.

If an adjustment needs to be made mid-season, the teams would like to be able to call a meeting to revise.

#### 500 Season Calendar

#### 501 Scheduling Meeting 12, Boys teams & 9 Girls Teams:

\*BA - Beurling Academy \*\*

\*PGO - ES Paul-Germain-Ostiguy \*\*

\*HRHS – Heritage Regional HS\*\*

\*HSBHS – Howard S. Billings \*\*

\*JRHS – John Rennie High School \*\*

\*KSS - Kahnawake Survival School \*\*

\*LOY - Loyola High School

\*MVHS- Massey Vanier High School \*\*

\*ROYAL- Royal West Academy \*\*

\*Rvale – Royal Vale \*\*

\*SELW - Selwyn House School

\*WWHS – Westwood High School



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2 sections, wrestle everyone in your section once:

On Island	Off Island
BA	ESPGO
JRHS	HRHS
LOY	HSBHS
ROYAL	KSS
RVALE	MVHS
SELW	WWHS

**502** Season starts November 21<sup>st</sup> – season ends February 15<sup>th</sup>, 2023

**503 All-star Meet** – HSBHS Thursday Feb 9<sup>th</sup>

It was discussed, after a year without an all-star meet last year, the coaches would like to go back to hosting an all-start meet.

For the boys the defending champions (PGO) vs the leagues all-stars. For the girls' league all-stars vs league all-stars. Peter will set the wrestlers

**504 Team Weigh in:** Thur., Feb 16<sup>th</sup>

It was decided on in 2019-2020 that schools have the choice to conduct the weigh ins at their school. For teams conducting weigh-ins at their school, their principal or athletic director must do the weigh-in. The red dot system will be in place for the championship. We will ask the pairing master to randomly implement the red dot system for the championships. As stated in the GMAA handbook "At weigh in the wrestler may be challenged during the season. When challenged, the wrestler must weigh within 1kg or 2.2lbs. of the weight class." This was changed last year from 5lbs, it needs to be corrected in the handbook.

**505 Seeding meeting** – Thur., Feb 16<sup>th</sup> on zoom 6pm

The seeding meeting is set for Thursday, Feb 16<sup>th</sup>. As attendance by all coaches is mandatory, it was agreed upon that zoom is best option.

Coaches will need to send the forms into the draw master and bring them to the championships. Have a copy signed and scan into the office. Bring an original copy to the championships. Have all students listed on an excel/google sheets spreadsheet as well. All game sheets are available on S1 to help with seeding.

**506 Championship**

The Championships are scheduled for Saturday, February 18<sup>th</sup>, 2023. ES Paul-Germain-Ostiguy. JRHS also expressed interest but first choice is given to the winner of the previous season.

**600 New Business**

**601 S1 and website**

The host school must enter the final score from each meet on S1 the night of the meet (even if they are not participating in the matches.) The scoresheet(s) must be uploaded onto S1 the next day.

For the score sheets you will be able to generate the list of participants off S1 prior to the meet, but we will continue to use our score sheets. They are available on the GMAA website.

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## **602 Officials – Tony Ronci**

Tony Ronci will be our assignor again this season. Contact information will be sent out to all the coaches in the coaches list. If an official does not show up to a scheduled meet there are two options. Option 1 is that the coaches' referee or find someone present to referee the matches. Option 2 is to reschedule the meet to a later date. If one/both coaches referee the matches, please send the information in writing to the GMAA so that payment can be sent to the appropriate individuals.

## **603 Handbook Revision and Governing Rules**

**New Coaches Commitment program** each coach must read and complete the module with a passing grade of 6/8. If a coach receives a score lower than 6, their SAC rep will be contacted, and the coach will be expected to complete the program again. This is something that coaches must complete only once and not annually (unless there is a coach's code issue, or the program has been updated).

It is mandatory that all coaches are assigned to their teams on S1 for us to cross check who has completed the program.

When registering your coach please make sure their contact information is up to date (email and cell phone number), this will be where we get the contact information to share all league updates. If you do not have a coach registered with the team on S1 prior to your first game, the school will receive a \$50 fine.