

RSEQ

GMAA Coaches Worksheet

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OUTDOOR TRACK & FIELD

BOYS GIRLS

Cadet

Individual Entries are limited to five (5) events per athlete plus two (2) relays.

Competitors may participate in their own classification or any classification higher however, an athlete may only compete in one age category.

Each School may enter three (3) competitors per event in all other events and one (1) relay team per relay event.

[illegible]