

Ultimate Frisbee Challenge

CHALLENGE:

- Students have 5 minutes to throw and catch as many consecutive passes as possible as a class.

ORGANIZATION:

- Groups of 3 to 6 students
- The students must count how many successful passes they can make in a row without dropping the frisbee. Every time the frisbee is dropped the count starts over. This goes on for 5 minutes.
- The teacher must add up the HIGHEST number of consecutive successful passes from each group.
- **Example: Group 1 got 3 consecutive passes, 6 consecutive passes & 10 consecutive passes**
Group 2 got 2 consecutive passes, 5 consecutive passes & 6 consecutive passes
Group 3 got 12 consecutive passes, 4 consecutive passes and 5 consecutive passes
The total for the class is 28 passes.
- The minimum goal to receive one draw credit is: Cycle 1: **20 passes** Cycle 2: **25 passes** Cycle 3: **30 passes**- Bronze Level
- The minimum goal to receive two draw credits is: Cycle 1: **30 passes** Cycle 2: **35 passes** Cycle 3: **40 passes** - Silver Level
- The minimum goal to receive three draw credits is: Cycle 1: **40 passes** Cycle 2: **45 passes** Cycle 3: **50 passes**- Gold Level

MATERIALS:

- Frisbees

DURATION:

- 5 minutes

SPORT. EDUCATION. PRIDE.

RSEQ

GMAA