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RSEQ

GMAA
Coaches Worksheet

Phone: 514-482-8555
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Website: www.gmaa.ca

SCHOOL:

Sport: OUTDOOR TRACK & FIELD

Juvenile

Gender: BOYS ◯ GIRLS ◯

OFFICIAL ENTRIES MUST BE DONE ON S1- THIS IS A WORKSHEET ONLY

Individual Entries are limited to five (5) events per athlete plus two (2) relays.

Competitors may participate in their own classification or any classification higher however, an athlete may only compete in one age category.

Each School may enter five (5) competitors in the 100M, 200M & 400M events.

Each School may enter three (3) competitors per event in all other events and one (1) relay team per relay event.

Surname	First Name		100M	200M	400M	800M	1500M	3000M	High Jump	Long Jump	Triple Jump	Shot Put	Discus	Javelin	100M Relay	400M Relay		