

Badminton Serve Challenge

CHALLENGE:

- Students have 5 minutes to make the most possible badminton serves over a net (or bench) land in a hula-hoop as a class.

ORGANIZATION:

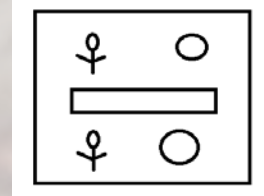
- Teams of 2 students
- Each student must stand 1.5 meters from the net or bench.
- 1 student on each side of the net (or bench) facing each other serving diagonally into the hula-hoop.
- The students each take turns performing a serve into the hula- hoop.
- The students will grab the other student's birdie to perform their next serve.
- If the birdie bounces out of the hula-hoop the serve is still good.
- The minimum goal to receive one draw credit is: Cycle 1: **5 serves** Cycle 2: **10 serves** Cycle 3: **15 serves** - Bronze Level
- The minimum goal to receive two draw credits is: Cycle 1: **10 serves** Cycle 2: **15 serves** Cycle 3: **20 serves** - Silver Level
- The minimum goal to receive three draw credits is: Cycle 1: **20 serves** Cycle 2: **25 serves** Cycle 3: **30 serves** - Gold Level

EQUIPMENT:

- 1 shuttle per student
- 1 Badminton racket per student (or can be shared by 2 students)
- 2 hula hoops per group

DURATION:

- 5 minutes



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