



Greater Montreal Athletic Association – 5925 Monkland Ave, Suite 101, H4A 1G7
Phone: 514-482-8555 Fax: 514-487-0121 Email: gmaa@gmaa.rseq.ca Website: www.gmaa.rseq.ca

To: SAC Reps
From: Amanda Maks, Hughanna Gaw & Alexandra Eldon
Date: Friday, August 24th, 2018
Time: 1:30 p.m. – Light lunch will be provided
Place: Lower Canada College Chamandy Auditorium
4090 Royal Ave, Montreal (athletics building entrance)

AGENDA

100 Additions to and approval of Agenda

407 Ultimate Frisbee (Jamie Bolduc)
408 Boys Touch vs Boys Flag Football

212 Division Names

As mentioned previously, since we are using the S1 program and ordering our banners from the RSEQ, we have had to adjust the labels of our leagues. The highest level of GMAA competition will be Division 2.

The old GMAA D1 is now GMAA D2

The old GMAA D2 is now GMAA D3

The old GMAA D3 is now GMAA D4

We have tried to adjust things in the handbooks, forms, calendar, etc, but we may have missed things. Please let us know if you spot us using the wrong division labels. This changes nothing for our eligibility requirements or leagues, the only thing that changes are the names of the league. GMAA Division 2 is the highest level of Regional competition permitted.

200 2018-19

201 Calendar

Each school has two copies of the calendar in their packages. If there are changes made through the course of the year, they will be posted on the website calendar in red. BE AWARE – the printed calendar uses D1, D2 and D3 which are the old labels of leagues. We will adjust the online calendar to reflect the names of the leagues D2, D3 and D4. Pay particular attention to the Soccer & Basketball scheduling meetings.

202 Entry deadlines / Pre-season meetings / Scheduling meetings-S1

You will find a printed sheet in the packages with all the meeting dates, entry deadlines and pre-payments due. This is also posted on the website.

As most of you already know all team and player registrations will be done through S1 this year, we will no longer be asking for paper copies of your registrations (with soccer and volleyball being an exception). You should of all already created your accounts in June, along with sending your students names to Hughanna. If you haven't already done so please send them ASAP.

It is very important that you respect the registration deadlines, S1 will not let you register a team late. (it is not as nice as us at the office.) Also, very important, D1 no longer exists. Our leagues from now on are D2, 3 & 4 ****S1 Demonstration****



Greater Montreal Athletic Association – 5925 Monkland Ave, Suite 101, H4A 1G7
Phone: 514-482-8555 Fax: 514-487-0121 Email: gmaa@gmaa.rseq.ca Website: www.gmaa.rseq.ca

203 Age categories

You will find a printed sheet in the packages with all the age categories. Please note that Rugby, Basketball and Hockey have different ages than our other sports. In addition, there have been some adjustments made to the following sports:

Non-contact hockey the juvenile age limit has been extended to be under 18 years as of August 31st of that school year.

Please ensure that your player registration is done on S1 prior to your first game. Remember someone who is a midjet in soccer may be a juvenile in basketball.

204 Starting times/early dismissals

No team is required to start a game before 3:45pm. If both teams agree to an earlier starting time, the game can begin earlier. Please be aware that in term of referees, the later the starting time, the easier it is to get officials. Also, it is becoming more and more difficult to get early dismissals for students, please be aware when scheduling home games.

For indoor sports (basketball, futsal, etc) especially, please do not schedule a home game before your school day is over. You should leave at least a 15-minute grace period between your final bell and your home game starting time to get organized for the game.

A motion was passed in June to adjust our current rule to read, *“All matches/games should start between 3:30 p.m. and 4:00 p.m. unless both schools agree to an alternate time, however a later time can be dictated by the home team based on facility availability.”* This was passed both at the June SAC Meeting and the June Board of Directors Meeting.

205 Statements / Pre-Payments / S1 Invoices

Each school should have a copy of their statement of account for the beginning of this school year. If you don't have one – it means your balance is at 0 and you're good to go.

If you owe money, please get that into the office as soon as possible – we are not owed a lot of money this year, so that's great. For those school who owe money, if we do not have the balance before the fall season starts, you will not be permitted to participate. If you have a credit, please use it towards one of your first entries for this year. Simply send in a note on the invoice (using credit) and write a check for the difference. FYI: A credit shows up as a negative number on the statement. Pre-season payments are listed on the sheet with entry deadlines. (same as we distributed in June)

This year since we are using S1 we will be sending out invoices to the SAC Reps after teams are registered. We will try to combine as many teams as possible on the invoices to reduce the amount of work. Please send in your payment upon receipt of the invoice in order to help with our cash flow, which may become and issue this year.

206 Non-Member Schools & regular season/playoff travel

Just for your information, each package has a letter to the principals of non-member schools explaining the travel rules for non-member, off-island and on-island schools. For the past few years, GMAA member schools are not required to travel to non-member schools for their games (off-island or on-island). They can choose to travel to the schools, but they are not



Greater Montreal Athletic Association – 5925 Monkland Ave, Suite 101, H4A 1G7

Phone: 514-482-8555 Fax: 514-487-0121 Email: gmaa@gmaa.rseq.ca Website: www.gmaa.rseq.ca

required to do so. We will announce the non-member schools at the scheduling meetings so people are aware. (HSBHS, KSS and WWHS are all GMAA member schools).

All playoff games will be at the home of the member school, regardless of their rank in the standings. If a non-member school is in first place they would still have to travel to a GMAA member school in fourth place.

This letter is being sent to all non-member principals for their information.

207 Coaches Commitment Forms

Please keep in mind that we only need one commitment form per coach per year with the exception of rugby we will need a new one with the coaches NCCP number. Online there is also a version where you can list several people on one form to cut down on the paper work. SAC reps can check on the GMAA website under the Forms Checklist section to see if their coaches have been sending in the appropriate forms. Each sport has a Forms Checklist on the site.

208 Media coverage / Championship Photos/ Facebook

We hope to once again get coverage from the Suburban this year. If a reporter approaches you for information, please make sure to help out as much as you can. If there are photographers at the game and you have students who are not permitted to have their photos posted online or in print, please make sure the photographer knows that.

If you have photos taken at various GMAA games, please send them into the office and we will post them on the website and our Facebook Page.

Please feel free to send us any photos you have taken at any events (games, championships, all-star games, provincials, etc.) and we will be happy to upload them onto our Facebook page. We will also be sharing photos and information that the schools have posted on their Facebook pages. We plan to be more consistent this year with posting on our page and sharing from our account.

209 Sportsmanship / Communication

As most of you already know, Sportsmanship is a major focus for G.M.A.A. Each year we honour the top schools, teams and students who conduct themselves with pride as good sports.

There is also a letter from the office in your packages to all coaches and referees in the association concerning communication between coaches and officials. Please make copies and send it to all your coaches. We will make sure each official in the association also receives a copy. It will also be posted on the website. It is basically to encourage open communication between the officials and coaches.

210 Concussion Package

We have some extra Concussion packages if any school would like a copy. Please encourage your coaches to take advantage of this service. The package is also on the Montreal Children's Hospital website and can be copied so everyone has it.

The RSEQ has 'recommended' that each region have a concussion program in place and this is the GMAA concussion program.



Greater Montreal Athletic Association – 5925 Monkland Ave, Suite 101, H4A 1G7
Phone: 514-482-8555 Fax: 514-487-0121 Email: gmaa@gmaa.rseq.ca Website: www.gmaa.rseq.ca

211 Handbook Revisions / June minutes

Reminders of Motions that passed in June and at the Board

Basketball D3 – no participation in Midget & Juvenile (old D2)

Basketball Court dimensions will be sent out as a survey to SAC Reps

Tie Breakers – will look at total point accumulated as a percentage of total points possible, so that ties are considered.

Videos will only be accepted in the office to determine discipline or sportsmanship issues (length of suspension, un-noticed by referee). Videos will not be accepted as a request to change a referee's call, missed call or decision. The time limit to accept a video is 48 hours (changed from 24 hours).

Bantam Basketball motion to have one division and get split in playoffs was passed at SAC but was not passed at the board level. The board came back to SAC with a motion to be discussed today:

On a one-year trial, any team wanting to go into D2 (old GMAA D1) is able. All other teams registered will be grouped into one division with the eligibility requirements of the old GMAA D2 (now D3) – one AAA Player, and unlimited AA players. Girls teams will be permitted to play up to three (3) B2 players per game. Teams will be split into sections based on geography and divided at the end of the season for playoffs.

Issues with this proposal:

The issue of not having the appropriate teams in D2 is not solved, teams will still choose whether to go into D2.

The number of teams in the combined section will not permit all teams to play against each other. If all teams don't play against each other, how do we determine who the strongest teams are? For example, last year BG 4 D1 teams and 14 others. We would still have 4 D1 teams. We would then have 2 geographical sections of 7 teams who will not crossover. For playoffs: D2 would be the top 4 teams? But who will be considered D3 – the bottom 4 teams? What about the teams in the middle who have won some games and lost some games, they don't have a chance anywhere.

What is the consensus here? If we don't have a consensus, we will stay status quo for this year (D2, D3, D4) and bring it back to the Board in September and the Competition Committee for a clearer proposal in December.

There was no motion to approve the revised proposal from the Board of Directors, we will stay status quo this year with D2, D3, D4 at the bantam level with the corresponding eligibility requirements. The Office and Competition Committee will go back to the drawing board.

300 Procedures

301 Score sheets/Sports Line

Score sheets and sports line are remaining status quo for this year only, we will not be asking you to submit the scores on S1 this year, but plan to implement this next year.

It is the responsibility of the host team to call the sports line **the night of the game** (the number is on every score sheet) and to e-mail or fax in the SS as soon as possible. All score sheets must be signed by the staff member responsible for the team, as well as the therapist for rugby and lacrosse. Please double check that we have received your score sheet on the



Greater Montreal Athletic Association – 5925 Monkland Ave, Suite 101, H4A 1G7

Phone: 514-482-8555 Fax: 514-487-0121 Email: gmaa@gmaa.rseq.ca Website: www.gmaa.rseq.ca

website – we receive a lot of sheets and e-mails in the office, it is always possible that it was misplaced on our end, please double check prior to receiving your invoice that we have all of your scoresheets. A blue star beside the game number means we have the scoresheet, a red box means we don't have the form.

During playoffs, we ask that both teams call in the score to guarantee that we can update the grid.

302 Schedule Changes

To avoid multiple schedule changes please send your coaches to the scheduling meetings with all the school conflicts (gym schedule, other teams' schedules, grad rehearsal, plays). Schedule changes that are made after the 5-day grace period following the posting of the schedule will carry a charge of \$10.00 if they are not because of an emergency. All changes must be agreed to by both coaches before noon of the school day prior to the scheduled start. Any changes after noon the day prior will carry the 10\$ charge as well as the charge for the referee(s).

For playoffs, the office will not accept any changes to the playoff schedule. Games will be played on the scheduled date. The only accepted reasons for changing a game are:

- 1) Spring Break**
- 2) Ped Days**
- 3) Religious Holidays**
- 4) A school-sanctioned, grade-wide, overnight or out of town activity**
- 5) Parent/Teacher Interviews**
- 6) When the coach has a conflict with another GMAA playoff game on the same date**

No other conflicts will be accepted. Game times may be adjusted if they are agreed upon by both schools. If a time cannot be agreed upon, the original time stands. Playoff dates will be set as soon as possible after the schedule is posted. Teams must make themselves available to play or the games will be defaulted.

303 No home field

Schools with no home field could be asked to cover the cost of the additional rental fees. A school is not obliged to host someone that does not have a field a second time. In this case, it will be the responsibility of that school to find a neutral site.

304 SAC Responsibilities

The SAC guidelines were distributed. Please refer to it carefully and be sure that you follow the procedures outlined. You are responsible for making sure that all forms are sent on time. All team entries must have your signature as well as that of the Principal. We need you to make sure that there is one person per team at the scheduling meetings and that everyone has a copy of the school calendar including all conflict dates and times – all games for other teams in your school, Ped. Days, Carnival, parent interviews drama productions etc. You also need to check the posted schedules for every team in your school to ensure that there are no conflicts (home volleyball and basketball scheduled on the same day etc.).

As the SAC rep you are the main contact between your school and the rest of the GMAA. We ask that you be available for any issues that arise at your school with your coaches or



Greater Montreal Athletic Association – 5925 Monkland Ave, Suite 101, H4A 1G7

Phone: 514-482-8555 Fax: 514-487-0121 Email: gmaa@gmaa.rseq.ca Website: www.gmaa.rseq.ca

students. Everyone has been given a SAC REP info sheet, we ask that you fill it out and return it at the end of the meeting. Once the SAC Rep list is updated for this year, it will be sent out to all schools.

305 Website update/ Revamp

We have printed and included each school's page on our website. Please make any corrections on that sheet today and drop it off before you leave the meeting. Please send us all changes pertaining to your school – New Principal, Fax numbers, bus routes etc. Also make sure that we have the names and locations of all your home facilities.

Revamp - We are looking to redo our website, it was redone 12 years ago, so it's due time. If anyone has experience with web design or contacts, please send them our way.

306 Entry into Division 3 & 4 – guidelines

There is a letter regarding guidelines for entry to Division 3 (old GMAA D2) and Division 4 (old GMAA D3) in your packages. This is a problem every year because teams that enter Division 4 should not be in Div 4; this also applies for teams entering Division 3 who should not be in Division 3. There have been far too many lopsided scores in past. You are responsible for making sure that your teams are in the correct division. Divisions 3 and 4 are for weaker inexperienced teams and should be participation leagues. Being competitive, not necessarily winning should be the main criteria for team entry.

Some of the guidelines you should consider when entering your teams include:

- 1. Size of school** - any school with 500 students or more (grade 7 and up), of one sex should consider themselves a Division 2 school.
- 2. Pool of city players** - any school that draws a large proportion of its student body from areas of the city that provide inter-city leagues, should consider themselves a Division 2 school.
- 3. Sport Etude** - Schools that have Sport Etude programs are to consider themselves Division 2 schools.
- 4. Returning Players** - teams with several returning players should not be entering Division 4.
- 5. Past Record** - any team that has in the past year been competitive at the Division 2 level or dominated the Division 3 level in GMAA should be entering Division 2 or 3 but not Division 4.
- 6. Sports Concentration** - for Outdoor soccer any student who is enrolled in a soccer sports concentration program will not be eligible to participate on a Division 4 soccer team.

If you have any issues and/or you are having difficulty deciding which league you would like to enter, contact the office and we will be more than happy to help you out with that.

Also, all the schools who won a D3 (old D2) & D4 (old D3) title or were a finalist in these divisions will find a letter in their packages. The letter mentions that we would like you to reevaluate these teams and possibly consider moving up a division.

307 Derogation procedure – Board of directors meets Sept. 11th

For a girl to play on a boys' team in the GMAA leagues a request must be made to the GMAA board of directors prior to that teams' first game.

There is also a procedure in place for an age derogation. If a student is too old to play in an age category, but you would like that student to be able to 'play down' for a medical reason, the Board of Directors will discuss applications for derogation.



Greater Montreal Athletic Association – 5925 Monkland Ave, Suite 101, H4A 1G7
Phone: 514-482-8555 Fax: 514-487-0121 Email: gmaa@gmaa.rseq.ca Website: www.gmaa.rseq.ca

For your information (Fall Sports) the first Board of Director's meeting will be held on Tuesday, September 11th. Most meetings take place on the first Tuesday of the month. The Board of Directors will not discuss any derogations outside of their meetings. Please make sure any requests are in early so that students don't miss half to season waiting for the next board meeting.

The derogation process is outlined in the Governing Rules Section of the GMAA handbook for your reference.

308 Carry over suspensions / Sanctions

Schools that appear to have suspensions that were not completed last year will have a letter emailed to them outlining the rest of the suspension. These carry over to this year into the next sport that student participates in. Please write the student's name on the scoresheet as serving their suspension.

Please be reminded that any student who plays multiple sports within the same season and receives a suspension **is not eligible for any GMAA activity until the suspension has been served in the sport it was received.** (This means that they could miss games in other sports as well until the suspension is served).

400 Various

401 RSEQ Report

Grants from the RSEQ – last year we received 75% of our grant from the government through the RSEQ. We will receive the last 25% in October after our annual AGM. If possible, please try to get all pre-season payments in as soon as possible so that we do not have an issue with cash-flow. The Grant for this year will be delayed until at least December. It will be very important for schools to get their pre-season payments in asap so that we don't have an issue with cash flow.

S1 – as we're sure most of you know we are going with S1 this year for team and player registrations. Please work with us as we try to make the transition as seamlessly as possible. There will be a learning curve, but we hope at the end of the day to make things easier for everyone.

De Facto Order

De Facto - another order can be placed for De Facto T-shirts between now and October 1st. If you decide to place an order, you will receive them anytime between September and November. For all information, such as pricing and what is available to order you can visit www.defacto.ca/vetements or just give Ali a call at the office and she can help you out with that.

Indoor T&F Provincials

We have volunteered to help host the RSEQ Indoor Track & Field Provincials with the RSEQ Montérégie Region this year. It will be hosted at Claude Robillard and we will help in whatever capacity we are needed: Volunteers, Lodging for remote regions, officials, etc. We will keep you posted on what we would need help with.



Greater Montreal Athletic Association – 5925 Monkland Ave, Suite 101, H4A 1G7
Phone: 514-482-8555 Fax: 514-487-0121 Email: gmaa@gmaa.rseq.ca Website: www.gmaa.rseq.ca

402 Fall Championship Locations

A couple of years ago it was decided that any school wishing to host a D2 championship let the office know, if multiple schools wish to host then we will select the best option.

Are there any volunteers for Division 2 Sports Championship hosts?

Soccer Football Softball Volleyball
Possibly at John Abbott

All Division 3 and 4 Championship games will be held at the home of the higher seeded team.

403 Accident insurance

Please INSIST that the parents of your athletes are covered for the costs due to accidents & injuries during GMAA games. The GMAA does not cover the cost of injuries i.e. physio/MRI/ambulances. We have been taken to court in the past over the coverage of such expenses, please remind your parents at the beginning of each season of the importance of accident insurance.

404 Therapists

Ensure that there is an athletic therapist following all of your contact sports. In rugby each team is required to have a therapist at all games, lacrosse the home team is required to supply a therapist for the game. If anyone is looking for a contact for Athletic Therapists to cover their events, contact the office for information. We can get you the information on the company that we use for all our events and they are exceptional; very knowledgeable and very professional.

405 GMAA Hockey Costs & Hockey Quebec Affiliations

GMAA Hockey will again be non-contact at all levels this year. We are working with the other regions on and around the Island of Montreal (Lac St-Louis, Laval, Montérégie and Montreal) and will try to combine leagues and teams to offer an appropriate level of hockey to all our members. Please register with the GMAA on S1 by Friday, September 14th in whichever leagues you hope to have a team. The week after, we will meet with the other regions to determine what we can offer and then get into contact with all the schools to let you know. **Very important – this year in GMAA Hockey all students must be affiliated with Hockey Quebec. If you students do not play outside hockey, they will owe \$57 to Hockey Quebec for their affiliation. We have to enter all GMAA Hockey players on a database for Hockey Quebec, at that time, they will verify their affiliation, if it is not paid, they will get a bill for their affiliation for this year (18-19 season). This will significantly increase the cost of GMAA hockey for your students. Our costs are consistent with last season, but if your students do not play outside hockey, they will owe more \$.**

It was suggested that the office not offer to do all the entries on the database for HCR and that each school be responsible for entering their own players. Ali and Amanda will be attending a meeting on Monday, August 27th and will better know and understand the requirements after that meeting.



Greater Montreal Athletic Association – 5925 Monkland Ave, Suite 101, H4A 1G7
Phone: 514-482-8555 Fax: 514-487-0121 Email: gmaa@gmaa.rseq.ca Website: www.gmaa.rseq.ca

406 Cross Country Run Electronic Timing

We got a quote from a company called Sportstats regarding the possibility of getting electronic timing for our fall cross country run. It looks like an interesting option if that's the direction we would like to go. The cost for registration would obviously increase significantly. Here is a breakdown:

Cost per school now: \$145 (unlimited number of runners)

Cost per school with electronic timing: \$145 + \$4 per runner. Example:

Beurling Academy: (25 runners at various levels)

$\$145 + (25 \times \$4 = \$100) = \text{Total Cost } \245

Lower Canada College (100 Runners at various levels)

$\$145 + (100 \times \$4 = \$400) = \text{Total Cost } \545

Last year, we had 900 Registered Runners and 35 schools (average of 25 runners per school). So, on average the cost would increase by around \$100 per school. We would not permit any scratches or changes after a certain date and would charge schools based on their students registered, not their students who show up.

Motion to try Sportstats electronic timing on a one-year trial for the 2018 Cross Country Run.

Moved: George Spiliotakis – RHS

Seconded: Phil Lafave – LOY

Vote: For → 34

Opposed → 0

Abstentions → 1

Motion will be discussed at the September BoD meeting to implement for this year.

407 Ultimate Frisbee

Every year we have interest from some schools for Ultimate Frisbee. By a show of hands, it looks like 6-8 schools would potentially be interested in a one-day Ultimate Frisbee Tournament in the Spring. The teams would be co-ed and we could start by using the rules of one of the other RSEQs (LSL or MTL). We will plan to host a one-day GMAA Ultimate Frisbee Tournament, details will be sent out to the schools in March.

408 Boys Touch vs Boys Flag Football

Last year some of the schools registering in Boys Touch wanted to play Flag instead. This year we will offer both, the higher number of teams is the sport we will play. Our assignor is ready for whatever the teams choose. We also have the possibility of a bantam league if enough teams are interested. When registering on S1 please make sure to choose Touch or Flag. We will let schools know before the scheduling meeting what sport we will have (or both).