

<b>GMAA T&amp;F</b>	
<b>CHAMPIONSHIP STANDARDS</b>	
<b>Ban. Girls</b>	<b>Time</b>
1200 M	6:15
<b>Mid. Girls</b>	
1200 M	5:50
2000 M	10:30
<b>Juv. Girls</b>	
1500 M	7:15
3000 m	15:45
<b>Ban. Boys</b>	
1200 M	5:30
<b>Mid. Boys</b>	
1200 M	5:00
2000 M	9:00
<b>Juv. Boys</b>	
1500 M	6:15
3000 m	13:30