



G M A A

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GMAA Championship Swim Meet - Thursday, February 8th, 2024 at Cote St Luc Pool.
(5794 Parkhaven Ave, Cote St Luc, H4W 1Z4).

Coaches Meeting will be at 8:30am – All coaches must be in attendance.

Officials Meeting will be at 8:45am - All Officials, including timers, are to meet upstairs.

Warm-Ups 9:00am - 9:15am and 9:15am – 9:30am (The Times and lanes will be posted on the website prior to the meet)

The first events will start at 9:45am please ensure that all of your students are on time.

The deadline to submit the championship player registration is **11:59pm Monday, February 5th, 2024**. If the player registrations are not complete through S1 on time your team will not be seeded and thus not be entered in the finals. The only exception is in the relay, free substitution is permitted in all relay events (provided "eligible" students are used).

The maximum number of individual entries is 3 – even if that swimmer is not participating in any relays

As per the GMAA regulations for swimming in the Handbook

At the championship meet, a swimmer may enter a maximum of (4) four events:

(3) Three individual events and (1) one relay

Or

(2) Two individual events and (2) two relays

For the championship meet, a school may enter **3 swimmers per event** (for each age category) plus **one relay for each age category**.

Example, you can enter 3 Bantam Girls in the 50 Free, 3 Bantam Girls in the 50 Breast, etc.

Relays:

a. All Swimmers must have competed in at least (1) one qualifying meet

b. At least (2) two swimmers must have qualified in an individual event

c. A maximum of two swimmers may move up from a younger age group to complete a team. In that case they **may not** also swim in their own age category relay.

The officials' duties for the championship will be sent by e-mail closer to the date. Please check carefully and have your officials wear white. Each school will be asked to bring timers, when at all possible please make sure they are experienced. A school not supplying their full complement of officials or helpers will be subject to a monetary fine of \$100.00.