



GMAA Swimming Handbook

Section 1: Sports Committee

The Swimming Sports Committee shall consist of the chairperson of the above sport and all the coaches for that season of the above sport. The chairperson shall call one meeting prior to the opening of the season. A mid or post season meeting may be called at the discretion of the chairperson of the above sport or at the request of 1/3 of the coaches involved in this sport.

Section 2: Team Entry and Classification

2.1) All official team entries must be submitted on S1 by the deadline

2.2) Classification:

Boys or Girls

Bantam, Cadet, or Juvenile

2.3) The purpose of qualifying meets is to encourage mass participation and develop new swimmers. Any student can swim in a qualifying meet but only those who meet the time standards can swim in the championship meet.

2.4) At qualifying swim meets, each stroke will be by gender. The results will be posted by gender and age category.

Section 3: Player Registration & Eligibility

3.1) Player Registration is due on S1 prior to the deadline.

3.2) Your athletes must be entered in advance - no entries will be accepted at the meet. Schools can substitute in the same age category for the same event using a scratch card. A \$10 fine will be enforced per substitution at the qualifying meets.

3.3) In the qualifying meets, entries are unlimited for the athlete.

3.4) A school may enter an unlimited number of swimmers per event at qualifying meets.

3.5) No boy or girl may swim outside his/her own age class in the individual events. For relays only, a maximum of two swimmers may move up from a younger age group to complete a team.

Section 4: Uniform (also refer to Governing Rules – Rule VI, Section 5)

Participants will be permitted to wear a safe and appropriate shirt to swim. One-piece full-body polyurethane suits are banned from GMAA competitions (as per FINA regulations). If any questions arise, the coach, the officials and the GMAA representative at the meet will assess the situation to determine if the uniform is safe and reasonable. If the uniform is denied, the student would not be permitted to swim until he/she changed into an approved uniform.

Section 5: Starting Time

The start time and coaches meeting information will be sent out prior to the meets.

Section 6: Governing Rules & Rule Modifications

6.1) SNC rules will be in effect at both qualifying meets and championship

6.2) A staff member (see Rule VI, Section 4 of General Governing Rules for clarification) must be present and in the pool area at all GMAA meets. Penalty – Disqualification from the meet. It is recommended that you have a second adult present for officiating duties, so the coach may stay with the team.

6.3) One false start is permitted. After the first false start, the announcement "the false start rule is now in effect" must be given.

6.4) Officials are to disqualify swimmers based on the SNC rules for the specific strokes in the preliminary meets. This will be done so that swimmers will learn to use the appropriate techniques for each stroke.

Section 7: Official Events

7.1) There will be eight (8) qualifying meets, plus the championship meet. Schools will be divided into 2 areas; each area will have four (4) qualifying meets.

7.2) Events in the Qualifying Meets

Meet 1 and 3
50m Free
50m Back
100m IM
200m Free Relay (if time)
Meet 2 and 4
50 Breast
50m Fly
100m Free
200m Medley Relay (if time)

7.3) Scratches: Within 48 hours prior to and including the meet, each school is allowed 5 scratches maximum per category (regardless of gender), with no carry overs. For every scratch that surpasses 5 in the appropriate category there will be a \$5.00 charge per student.

7.4) Official G.M.A.A. Timecards will be used for both qualifying and championship meets. These will be printed by the GMAA Office and distributed to the coaches at the beginning of each meet.

Section 8: Championship Meet & Awards

8.1) No competitor may swim in a championship meet if he/she has not competed in at least one qualifying meet and equaled or bettered the time standard set for that event (as shown below). Only swimmers who have qualified in a qualifying meet may be entered in a championship meet.

GMAA Swimming Qualifying Times for Championships						
Classification	Free 50	Breast 50	Back 50	Fly 50	Free 100	IM 100
Bantam Girls	38.0	51.0	47.0	47.0	1.31.0	1.43.0
Bantam Boys	38.0	51.0	45.0	44.0	1.31.0	1.43.0
Cadet Girls	37.5	49.0	44.0	44.0	1.26.0	1.38.0
Cadet Boys	34.5	46.0	42.0	42.0	1.25.0	1.35.0
Juvenile Girls	37.0	48.0	43.0	43.0	1.25.0	1.33.0
Juvenile Boys	34.5	41.0	41.0	41.0	1.20.0	1.33.0

8.2) Eligibility for championship meet: Only swimmers who qualify may be entered. All other swimmers are ineligible. Use of ineligible player means all points and records won by that

individual are forfeited and \$100.00 fine and the coach will be brought before the Coaches Code of Ethics.

8.3) A school may enter only 3 Swimmers per event in the Championship Meet and 1 Relay per Age category per sex.

8.4) A swimmer may enter a maximum of (4) four events in the championship meet, (3) three individual events and (1) one relay or (2) two individual events and (2) two relays.

8.5) Prior to the championship meet all coaches must register their students on S1 before the deadline. Championship meet entries are final and no substitution will be permitted. The only exception is in the relay, free substitution is permitted in all relay events (provided "eligible" students are used).

8.6) If possible, electronic timing will be used at the championship meet.

8.7) Order of Events for the Championship Meet

100m Free
50m Fly
50m Free
4 x 50m Medley Relay
100m IM
50 Back
50 Breast
4 x 50m Free Relay

8.8) Individual Awards:

Medals (1st, 2nd, and 3rd)

Ribbons (4th, 5th and 6th)

8.9) Team Awards:

a) A team banner will be handed out for each level for the team accumulating the most points. Points will be awarded to the top 6 positions (7,5,4,3,2,1).

b) When two schools are tied i.e. have accumulated the same number of total points in a category, two banners will be distributed.

c) A banner will also be given out for the overall girls champion and the overall boys champion. Points will be awarded to the top 6 positions (7,5,4,3,2,1).

Section 9: Duties

9.1) Officials Required:

Referee

Starter

Clerk of course

Announcer

Chief finish judges

Chief timer

Timers & Head lane timers

Scorers

Stroke and turn judges

Marshall

The use of qualified officials (parents/adults) is recommended to free up teachers so they can stay with students.

9.2) Each school is to provide at least two timers with stopwatches. The GMAA office must be called two days prior to a meet if above regulation cannot be met so that other arrangements can be made.

9.3) Each school should have 1 adult who will act as an official plus one staff who must supervise the students.

9.4) Officials are expected to know how to officiate. If they do not, they can contact the office prior to the meet. If any officials would like a quick outline of how to run their event, the office will ask an 'expert' to arrive 30 minutes prior to the coaches meeting to help train any individuals who may need help.

9.5) A school not supplying their full complement of officials or helpers will be subject to a monetary fine of \$100.00.

June 2023