



## GMAA Rugby 7s General Information

**Girls Tournament Date:** Friday, April 26<sup>th</sup>, 2024

**Boys Tournament Date:** Friday, May 3<sup>rd</sup>, 2024

**Start Time:** The first games will be scheduled between 8:00 am and 8:30am. We must start and stay on time, teams arriving late will default. Games will start immediately after the game prior, ensure that you are warmed up and at the field.

**Location:** Concordia University Loyola Campus 7200 Sherbrooke West, Montreal, Qc H4B 1A4

**Entry Deadline :** Girls Team Entries: Wednesday, April 17<sup>th</sup>  
Girls Player registrations: Wednesday, April 24<sup>th</sup>  
Boys Team Entries: Wednesday, April 24<sup>th</sup>  
Boys Player registrations: Wednesday, May 1<sup>st</sup>

**Ages:** Bantam Rugby: Born October 1st, 2010 or later  
Midget Rugby: Born October 1st, 2008 to September 30th, 2010  
Juvenile Rugby: Born in July 1st 2005 or later

**Cost:** 250.00\$ per team  
Additional 50.00\$ per team for non-member schools

\*\*Acceptance of risk forms must be submitted before your first game if we already have them from the 15s/10s season we do not require them to be re-submitted.

Your coach must be registered with the team on S1. They are required to be trained as level 1 rugby coach and to have completed the GMAA coaches commitment program, link available on the 7s webpage.

\*\*Space permitting, a school may enter a maximum of two teams per age category. If you are entering 2 teams each team must have a distinct roster, there will be no 'transfers' permitted.

\*\*You can register an unlimited amount of player but the maximum you can dress is 12 per game.

\*\*Bantam weight limit is 152lbs on the day of the tournament.

Please make sure you read over the 7s handbook as well as the Governing Rules prior to the tournament.

Concordia University graciously donates the facilities for the tournaments, please help to ensure that we are leaving them better than when we found them. We would like to be invited back.

