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## Acceptance of Risk

For students participating in the GMAA Let's Move Virtually Classes

Students and their parents or legal guardian must agree that to their knowledge there is nothing that would prevent them from participating in GMAA Let's Move Virtually Classes in a safe manner.

The higher the level of skill, fitness and training the better prepared the student is to participate in the classes and the more the risk of injury is reduced.

The teacher in charge and the school principal must approve of the students who are participating in the GMAA Let's Move Virtually Classes. However, it must be clear that the decision to participate or not participate in the classes remains that of the student their parents or legal guardian.

You must judge whether you (the student and parent or legal guardian) are prepared to accept the risk of injury inherent to fitness classes.

**I have read the information written above and I am aware of and prepared to accept the risk of injury inherent to Fitness Classes.**

School: \_\_\_\_\_

Student: \_\_\_\_\_  
Please Print

\_\_\_\_\_  
Signature

Parent/Legal Guardian: \_\_\_\_\_  
Please Print

\_\_\_\_\_  
Signature

Emergency Contact Name & Phone Number: \_\_\_\_\_