

Basketball Basket Challenge

CHALLENGE:

- Students have 5 minutes to complete as many made baskets (lay-ups, free throws, elbow shots etc..) as possible as a team.

ORGANIZATION:

- Two or more teams of 5 to 10 students.
- The teacher decides where the shots are to be taken from depending on the modifications for cycle 1, 2 or 3.
- Students take their shot, get their rebound, pass the ball to the next person in line and go to the back of the line, this continues until time runs out.
- Teams will count made baskets out loud to keep track.
- The minimum goal to receive one draw credit is: **Cycle 1: 10 baskets Cycle 2: 10 baskets Cycle 3: 20 baskets- Bronze Level**
- The minimum goal to receive two draw credits is: **Cycle 1: 20 baskets Cycle 2: 30 baskets Cycle 3: 40- baskets- Silver Level**
- The minimum goal to receive three draw credits is: **Cycle 1: 30 baskets Cycle 2: 40 baskets Cycle 3 : 50 baskets- Gold Level**

EQUIPMENT:

- 1 basketball (per team)
- 1 basketball net (per team)
- Student observer & result sheets (per team)

DURATION:

- 5 minutes