



Greater Montreal Athletic Association – 5925 Monkland Ave, Suite 101, H4A 1G7

Phone: 514-482-8555 Fax: 514-487-0121 Email: gmaa@gmaa.rseq.ca Website: www.gmaa.rseq.ca

To: SAC Reps

From: Amanda Maks, Alexandra Eldon, Natacha Roach & Mia Veneziano

Date: Tuesday, August 26th, 2025

Time: 1:00pm

Place: Zoom

MINUTES

Welcome everyone to the first SAC meeting of this new school year. We are excited to be back and are looking forward to all the new things on the horizon for this year.

- 100 Additions to Agenda
- 403 Jewish Holidays in Fall (Matt Starr)
- 404 Virtual Golf (Bryan Pitts)

- 200 2025-2026
- 201 Calendar (with modifications)

Each school can find the calendar on the GMAA website. The calendar includes all the important events and deadlines for the year. If there are changes made throughout the course of the year, they will be sent out by email and posted on the website calendar in red.

Changes already:

Boys Track and Field Championships moved from May 20 to May 12.

- 202 Fall Sport Information
- a) Team Sports

Soccer: For Soccer we are offering all levels of play (18 leagues, B, C, J, Boys/Girls, D3, D4.1, D4.2).

Deadline for Team Registrations is Thursday, September 4 at midnight on S1. Scheduling will be done by the SAC reps on Monday, September 8th on Zoom.

Before registering make sure to confirm your athletes' eligibility, city soccer adjusted their league structure a few years ago, so students are no longer labeled AA or AAA. We are working on an up-to-date breakdown of the different leagues and their equivalency to AA or AAA. Once it's ready, we will post it as the eligibility check on the soccer page of the GMAA website and we will send a copy to all SAC reps so that they can verify student athletes.

Flag Football: For Boys Flag Football, we will be offering B/C/J D3 or D4 leagues. Deadline for Team Registration is next week Friday, September 5th on S1. Scheduling will be done over Zoom on Tuesday, September 9th.

Softball: For Softball we will be offering JB and JG D3 leagues. Deadline for Team Registration is Friday, September 5th on S1. Scheduling will be done over Zoom on Wednesday, September 10th. Coaches will be responsible for getting their own umpires.

Volleyball: For Volleyball we will be offering girls D3, 4.1 & 4.2 and D3 boys leagues. Deadline for Team Registration is Thursday, September 11th on S1. Scheduling will be done over Zoom on Monday, September 15th.



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b) Golf Tournament(s): We are booked at the Caughnawaga Golf Club on Wednesday, September 17th for the competitive golf tournament and Thursday, September 25th for the Best Ball tournament. Team and player registration are due by Tuesday, September 9th. When registering the players please don't forget to include their handicap in the additional information section on S1.

c) Cross Country Run (date & information): Cross-Country Run will be on Mont Royal on Thursday, October 9th. Team and player registration are due by Tuesday, September 23rd. We booked electronic timing with Sportstats again this year. We are offering an inclusive 1km race for students with functional limitations who would like to participate. It is an option when registering on S1.

d) D4 Hockey Leagues and Coaches Certifications

The Hockey Rules that we will be using with the RSEQ, and the Hockey Quebec double carding rules have not changed for this year. Only single letter players are permitted in D4 Regional Hockey. We are offering M14, M15 and M18 D4 leagues for boys and M15 and M18 D4 leagues for girls (different eligibility and age category for girls).

The deadline for hockey Team entries is Thursday, September 18th and scheduling will be done on Zoom on Monday, September 29th starting at 2pm. Remember that no player can play outside of their age category as a regular player - there are no exceptions to this rule (except maybe for goalies).

Also please make sure your coaches, assistant coaches and managers are aware of the training and certifications for coaching RSEQ GMAA Hockey. Amanda will send out an email with a table for your information and to share.

203 Scheduling meetings

Scheduling meetings: All scheduling meetings will be hosted over Zoom. We are again asking that the SAC reps take care of scheduling for their schools. We will try to release meeting times as soon as possible to make planning your day easier. The format will be the same as last year, come ready with conflicts, calendars, and any other information you might need.

All team and player registrations will be done through S1. If you are a new SAC rep and need access to your schools S1 please let us know asap and we will send you a link to create your log in. There is also an S1 Guide that you can refer to that will help you when working with S1.

Deadlines for team entries are hard deadlines. If we want to plan for the seasons in the short amount of time we have, we cannot add any teams after the posted deadlines.

204 Age categories

You will find a page on the GMAA Website with all the age categories. Please note that Basketball, Hockey, Lacrosse, Rugby and Track & Field have different ages than the rest of GMAA sports. A bantam in soccer may not be a bantam in hockey. All player registration must be done on S1 prior to the team's first game. S1 will not allow you to register an overage student, when selecting your teams double check that the students fall into the proper age categories.

205 Pre-Payments & Invoices

Within the next week, each school that owes money or has a credit will be emailed a copy of their statement of account for the beginning of this school year. If you don't get one that means your balance is at 0 and you're good to go.



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If you owe money, please get that into the office as soon as possible. If unpaid balances are not paid, we will not permit your school to enter teams.

If you have a credit, please use it for one of your first entries for this year. Simply send a note on the invoice (using credit) and write a check for the difference. A credit shows up as a negative number on the statement.

You will be invoiced for a pre-season amount for all team sport leagues. This amount is sent by email to the SAC Rep from Amanda about 1-2 weeks after the scheduling meetings for that season (Fall – end of September, Winter – mid-November, Spring – end of April). For all day-long events, you will be invoiced only on the invoice at the end of the season. (Fall – December, Winter – March, Spring – June)

Please note that if we do not receive your payments for leagues by the time the seasonal bills are processed, a 15% surcharge is added to those costs.

206 Non-Member Schools & regular season/playoff travel

Just for your information, an email will be sent to the coaches of non-member schools explaining the travel rules for non-member, off-island, and on-island schools. RSEQ GMAA member schools are not required to travel to non-member schools for their games (off-island or on-island). They are encouraged to, and can choose to travel to the schools, but they are not required to do so. We will announce the non-member schools at the scheduling meetings, so people are aware. (HSBHS, KSS and WWHS are all RSEQ GMAA member schools).

All playoff games will be at the home of the RSEQ GMAA member school, regardless of their rank in the standings. If a non-member school is in first place, they would still have to travel to an RSEQ GMAA member school in fourth place.

207 Coaches Commitment Program

As most of you already know, we have a paperless coaches commitment program. Each coach must read and complete the module with a passing grade of 6/8. If a coach receives a score lower than 6, their SAC rep will be contacted, and the coach will be expected to complete the program again. This is something that coaches must complete only once and not annually (unless there is a coach's code issue, or the program has been updated).

It is mandatory that all coaches are assigned to their teams on S1 for us to cross check who has completed the program. If there is no coach assigned to a team prior to their first game, a \$50 fine will be charged assuming they have not completed the coach's commitment program.

208 Ethical Points Program

To help encourage good sportsmanship and reduce the number of disciplinary issues, ethical points are included in all team sport standings. The ethical points operate as a demerit system, at the beginning of every game both teams start with two points. Based on the parameters in the ethical point chart, points are deducted for things like yellow cards, ejections, total penalty minutes etc.

The ethical points chart can be found in the governing rules as well as on the main page of the website. A few things to keep in mind:

*The host school is responsible for entering the ethical points when inputting the score on S1. All ethical points will default to 0 so host schools will have to add the points. It is encouraged to confirm with the



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referee(s) that all disciplinary actions were noted on the score sheet, so you can accurately input the ethical points.

*The office will have control when it comes to removing points if there is an issue.

New this year in the standings.

Win: 3 points in the standings

Overtime Win: 2 points in the standings

Tie: 1 point in the standings

Overtime Loss: 1 point in the standings.

Loss: 0 points in the standings

Ethical points: 2 maximum per team

209 Handbook Revisions/June minutes

Please look at the minutes from the December and June SAC meetings to go over the Motions that were passed and added to the various handbooks. If you have any questions, you can reach out for clarification. There were a lot, so make sure you take a look before the Fall Season begins and before Basketball team entries are due. The office has come up with a document outlining all of the changes that will be sent out with the meeting minutes.

300 Procedures

301 S1/Schedule changes

It is the responsibility of the host team to input the score of the game and the ethical points on S1 the night of the game (Log into S1 and follow the steps indicated on the dashboard) and to upload the score sheet within 48hrs. All score sheets must be signed by the staff member responsible for the team, as well as the therapist for rugby and lacrosse. To double check that we have received your score and score sheet, log into S1, if a game still appears on your dashboard, it means that all the steps have not been completed. For any score or scoresheets that are not submitted by the deadline there is a 10\$ fine for the host school.

To avoid multiple schedule changes please come to the scheduling meetings with all the school conflicts (gym schedule, other teams' schedules, grad rehearsal, plays). Once the schedule is posted there is a 5-day grace period when changes can be made. After that each change will carry a \$25.00 fine.

All changes must be agreed to by both coaches and submitted to the office no later than noon of the school day prior to the scheduled start. If the two teams cannot agree to a new date, the teams must make themselves available to play on the original date, or the team having requested the change will lose the game by default

302 No Home Field: Schools with no home field could be asked to cover the cost of the additional rental fees. A school is not obligated to host the same opponent twice due to the opposing school's lack of a field. In this case, it will be the responsibility of that school to find a neutral site.

303 Derogation Requests – Regional Advisory Committee meets September 16th

For a girl to play on a boys' team or for a transgender athlete to play on a team that is not the same their birth gender as listed in S1, a request must be made to the RSEQ GMAA prior to that teams' first game. That request will be sent to the RSEQ Provincial office who will contact the sports federation in charge.



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The request must come from a school administrator. It must include the birth gender of the athlete, the school, the sport, the team level, and the details of the situation. Please get these requests in asap to avoid unnecessary delays.

There is also a procedure in place for age derogation. If a student is too old to play in an age category, but you would like that student to be able to 'play down' for a medical reason, the Regional Advisory Committee will discuss applications for derogation. These requests must come through at an RSEQ GMAA R.A.C. meeting.

The first Regional Advisory Committee meeting will be held on Tuesday, September 16th. Most meetings take place on the first Tuesday of the month. The RAC will not discuss any derogations outside of meetings. Please make sure any requests are in early so that students don't miss half of the season waiting for the next meeting.

The derogation process is outlined in the Governing Rules Section of the RSEQ GMAA handbook for your reference

304 Guides (Committees, SAC, S1, etc)

The office staff have prepared various guides to get pertinent information out to the appropriate people.

Guides include:

Coaches Guide

Committee Guide

Championship Guides (showcase & non-showcase)

SAC Rep Guidelines

S1 User Guide

These guides are available from the home page of our website.

400 Various

401 RSEQ Report / De Facto Order

RSEQ Integrity Protection Policy. The RSEQ Integrity Protection Policy applies everyone involved in student sports - including athletes, coaches, parents, referees, volunteers, staff, and suppliers. It governs behavior and ensures all actions align with RSEQ's mission. It Covers: Abuse, Harassment, Negligence, Violence and it applies to all RSEQ-approved activities.

All participants must be aware of this policy. Please refer to our website for details. Complaints can be submitted via our website through the "Je Dénonce" link. All complaints are handled by an independent third party.

RSEQ Grants and Financial information: Again, we are still working on the major shifts in the governance of the RSEQ Scolaire regions, since our region operates slightly differently than most of the other regions, it's taking more time to complete the merger. Schools will be notified of any changes in day-to-day if these shifts happen.

Provincials: If anyone is interested in volunteering at the Indoor Track and Field, or Outdoor Track and Field Provincials, please let us know we are helping to organize both of those provincials.

Law 25: Important RSEQ Form Coming this fall

The RSEQ will be sending out a mandatory form for all RSEQ member institutions across the province. It



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ensures that schools have obtained prior consent to share personal information of student-athletes and coaches participating in RSEQ regional or provincial activities.

The form is backed by multiple Québec laws (Law 45 and Law 25) and RSEQ policies related to privacy, safety in sports, and integrity. The student athlete information that will be collected includes first name, last name, date of birth, gender and permanent code. Coaches Info that will be collected is name, dob, email, phone number and NCCP number if applicable.

The form also states that schools and school boards will verify coaches appropriately before hiring and that schools have ensured that all athletes and coaches have signed a consent form for data sharing.

There will be secondary forms added that can be used as a template for the consent form.

Those of you who were around during COVID times, there was a similar form that was distributed at that time that ensured compliance with the Public Health Directives and Guidelines.

DeFacto order

The defacto website is now open for orders. The deadline for placing any order is October 31. Feel free to contact Ali for more information.

402 Fall Championship Locations

Fall Championship Locations

Any school wishing to host a D3 championship let the office know, if multiple schools wish to host then we will select the best option. Are there any volunteers for Division 3 Sports Championship hosts?

Soccer – Thursday October 30th. Marc is confirming that Terra Cotta is available (3 turf fields)

For volleyball we did not have a showcase last year. Would someone like to host volleyball this year (2 courts)?

Girls Basketball – Wednesday, Feb 25th

Boys Basketball – Thursday, Feb 26th

All Division 4 Championship games will be held at the home of the higher seeded team.

403 Jewish Holidays in Fall

Due to the Jewish Holidays this year, there are minimal days for Jewish Schools to schedule in the Fall.

There are only 10-11 days to schedule games, so Matt asked that schools be aware of that when scheduling. The office will add the JH label to the top of the master scheduling google doc.

404 Brian – Virtual Golf

Bryan has been in contact with Dickson Golf concerning a League or Tournament format for Virtual Golf this year. At the GMAA golf tournaments, we will develop a one-pager with Dickson Golf with all information. They are also offering practice sessions and teaching clinics that we will give information about as well.