

IRSEQ

GMAA

OUTDOOR TRACK AND FIELD RECORDS

 As of May 2024

 PR = Provincial Record

BANTAM GIRLS

EVENT	HOLDER	SCHOOL	TIM/DIS	YEAR
60m H	Susanna Cere	VILLA	9.4	2004
80m H	Madeline Starr	STT	12.3	2018
80m	Carole Anne Leslie	JFKHS	9.7 (PR)	1979
100m	Deondra Green	RIVHS	12.09	2015
150m	Carole Anne Leslie	JFKHS	18.5 (PR)	1979
200 m	Deondra Green	RIVHS	24.88	2015
400 m	Carole Anne Leslie	JFKHS	59.8	1979
800 m	Chantal Gray	LHS	2:25.67	1987
1200m	Anna Potapov	ESVH	4:02.23	1996
1500 m	Kaitlyn Stanojlovic	JRHS	5:09.45	2018
2000m	Anna Potapov	ESVH	7:07.79	1996
3000m	Kaitlyn Stanojlovic	JRHS	11:29.59	2018
4 X 100m		LSHS	53.1	1982
4 X 400M		LHS	4:43.79	1987
Long Jump	Madeline Starr	STT	5m42	2018
High Jump	Carole Anne Leslie	JFKHS	1m65 (PR)	1979
Triple Jump	Madeline Starr	STT	10m55	2018
Shot Put (6lbs)	Michelle Fournier	PCHS	11m16	1991
Shot Put (3Kg)	Jenna Thompson	BHS	10m00	2008
Discus	Bradlee Tabah	CENT	27m15	1994
Javelin	Joanne Sia	VILLA	28m94	1987
Pentathlon (Ind)	Gabrielle DeShong	LHS	4449 pts.	1991
Pentathlon (Team)	Suzanne Babb	LHS	11,964 pts.	1991
	Irene Fallon			
	Gabrielle DeShong			
1500m Walk	Wendy Shields	LSHS	9:51.6	1983

CADET GIRLS

EVENT	HOLDER	SCHOOL	TIM/DIS	YEAR
80m H	Ruth Jones	LSHS	11.5	1983
100m H	Allison Frantz	ROYAL	15.13	2012
400m H	Allison Frantz	ROYAL	1:09.25	2012
100m	Carole Anne Leslie	JFKHS	11.8	1980
200m	Carole Anne Leslie	JFKHS	24.73 (PR)	1980
400 m	Jacqueline Perron-Smith	LCC	57.79 (PR)	2012
800 m	Jennifer Culley	LPHS	2:21.7	1977
1500 m	Claudine Abcarius	RIVHS	4:49.7	1985
3000 m	Claudine Abcarius	RIVHS	10:25.5	1986
4 x100m		HSBHS	50.3	1977
4 x 400m		LCC	4:24.95	2012
Long Jump	Carol Galloway	LSHS	5m70	1980
High Jump	Carole Anne Leslie	JFKHS	1m60	1980
	Allison Frantz	ROYAL	1m60	2011
Triple Jump	Nina Sinnathurai	JRHS	10m83	2012
Shot Put (4Kg)	Michelle Fournier	PCHS	11m30	1993
Shot Put (3Kg)	Michelle Fournier	PCHS	13m44 (PR)	1993
Discus	Michelle Fournier	PCHS	36m00	1993
Javelin	Katherine Labelle	JRHS	33m47	2012
Pentathlon (Ind)	Charissa Gardner	WAGAR	3769 pts.	1992
Pentathlon (Team)	Nada Lamberto	STPX	9810 pts	1989
	Valentina Cocullo			
	Sonia Teoli			
1500m Walk	F. Sacco	STPX	8:16.2	1979

JUVENILE GIRLS

EVENT	HOLDER	SCHOOL	TIM/DIS	YEAR
100m H (2'6")	Jaymie O'Connor	HSBHS	14.36	2015
100m H (2'9")	Lynn Giampaolo	JLHS	15.2	1984
400m H	Annetta Kiss	STPX	01:05.5	1978
100m	Robin Cambridge	SHADD	12.0	1990
200m	Robin Cambridge	SHADD	24.81	1989
400m	Francine Henry	WHS	58.23	1989
800m	Donna Miles	VMHS	2:19.1	1983
1500 m	Carole Harris	ECS	4:52.5	1984
3000 m	Claudine Abcarius	RIVHS	10:43.94	1987
4 x 100M		LSHS	51.7	1981
4 x 400m		HSBHS	4:24.4	1978
Long Jump	Carol Galloway	LSHS	5m54	1981
High Jump	Gabrielle DeShong	LHS	1m73	1994
Triple Jump	Gabriella Padvaiskas	SHSM	11m00 (PR)	2008
Shot Put (4Kg)	Michelle Fournier	PCHS	14m50	1994
Shot Put (3Kg)	Connie D'Ettore	JFKHS	12m22	1997
Discus	Michelle Fournier	PCHS	42m26 (PR)	1994
Javelin	T. Ciani	LBPHS	36m14	1969
Pentathlon (Ind)	Cheryl Haynes	WAGAR	3841 pts.	1998
Pentathlon (Team)	Tamara Faubert	CVR	8883 pts.	1997
	Yvonne Blonde			
	Rebecca McCaig			
1500m Walk	Patti Agozzino	RHS	13:09.35	1995
3000m Walk	Petterelli	JLHS	18:51.0	1980

BANTAM BOYS

EVENT	HOLDER	SCHOOL	TIM/DIS	YEAR
80m H	Mario Dicino	STPX	11.1 (PR)	1978
80m	Daniel Jean-Baptiste	ESD	9.82	1995
100m	P. Elliot	WHHS	11.3	1985
150m	Edmond Wilson	ROYAL	18.55	1994
200m	Francis Young	RHS	23.7	2008
400m	Roger Humphries	LPHS	54.6	1964
800m	Southwell	RHS	2:07.6	1967
1200m	Ivan Rubio	JFKHS	3:33.97	1995
1500m	C. Cinquind	HHS	4:32.4	1975
2000m	Justin Hemes	RIVHS	6:22.1	1993
3000m	Daniel Racette	MACD	10:15.23	2017
4 x 100m		LHS	49.4	1968
4 x 400m		JP1	3:59.0	1989
Long Jump	David Williams	BHS	5m84	1968
High Jump	Fabio Lamberto	STPX	1m73	1989
Triple Jump	Robert Ferguson	WAGAR	12m05	1983
Shot Put	Eugene Hall	RIVHS	13m81	1994
Pole Vault	Patriquin	HSBHS	2m89	1983
Shot Put (4K)	King	FMCHS	13m99	1969
Discus (1K)	Smith	RHS	43m04	1968
Javelin (600g)	Sandro Cianfaglia	ARHS	52m20	1979
Pentathlon (Ind)	Fabio Lamberto	STPX	3780 pts.	1989
Pentathlon (Team)	Fabio Lamberto	STPX	9920 pts.	1989
	Visay Lim			
	Piero Dominico			
1500m Walk	P. Ruvo	VMHS	8:25.5	1978

CADET BOYS

EVENT	HOLDER	SCHOOL	TIM/DIS	YEAR
100m H (3'0)	Charlie Matos	JFKHS	13.53	1994
100m H (2'9")	Andrew Dedekuma	WAGAR	13.73	1994
400m H	Gerald Beauregard	LOY	59	1980
100m	Robert Clarke	NHS	10.3	1985
200 m	N. Greenaway	WHS	22.2	1980
	Matthew Driver	LOY		2015
300m	Gabriele Cristiano	LBPHS	39.63	2024
400 m	Stephen Beauregard	LOY	51.2	1979
800 m	Michael Ciampini	JLHS	1:59.09 (PR)	1994
1500 m	Rick Janes	RIVHS	4:01.1	1973
3000 m	D. Ethier	LBPHS	9:15.2	1983
4 x 100m		LHS	46.2	1969
4 x 400m		HSBHS	3:43.5	1979
Long Jump	Ian Lowe	ESVH	6m63	1988
High Jump	Zoltan Deak	LPHS	1m93	1975
Triple Jump	Edmond Wilson	ROYAL	13m62	1995
Pole Vault	Sebastian Sari	SWCHS	3m75	1987
Shot Put (4K)	Joseph Brunetta	LCCHS	14m38	2008
Shot Put (5K)	Paul Drogaris	WAGAR	13m59	1993
Discus (1.61K)	Lucien Levreault	WAGAR	42m76	1981
Discus (1.5K)	Joseph Brunetta	LCCHS	38m34	2008
Discus (1K)	Tommy Pellegrino	JFKHS	31m98	1997
Javelin (800g)	Robert Pinazza	LMAC	52m20	1985
Javelin (700 g)	Jonah Elbaz	HZHS	46m19	2012
Javelin (600g)	Leo Centorami	JFKHS	30m22	1997
Pentathlon (Ind)	Ian Lowe	ESVH	3443 pts.	1989
Pentathlon (Team)	John Marin	LBPHS	8665 pts.	1991
	David Gagnon			
	Mario Diaco			
1500m Walk	Rajat Banerjee	RHS	11:32.61	1995
3000m Walk	A. Ponza	LMHS	16:14.0	1980

JUVENILE BOYS

EVENT	HOLDER	SCHOOL	TIM/DIS	YEAR
110m H (3'3")	Lewis Carroll	MRHS	14.8	1978
110m H (3'0)	Dario Carpetti	LBPHS	14.84	1995
400m H	Robert Connell	HSBHS	56.8	1978
100m	Desmond Johnson	SWCHS	10.2	1985
200m	Ian Lowe	WHHS	21.4	1992
400m	Jean Luc Boulch	HNHS	49.2	1976
800 m	Stephan Beauregard	LOY	1:55.4	1980
1500 m	Rick Janes	RIVHS	3:59.9	1975
3000 m	Klaus Mueller	MACD	8:46.2	1994
4 x 100m		SWCHS	44.2	1984
4 x 400m		JFKHS	3:33.0	1982
Long Jump	Ian Lowe	WHHS	6m90	1992
High Jump	Seymour Walden	AA	2m03	1987
Triple Jump	Ian Lowe	WHHS	14m36	1992
Pole Vault	Sebastian Sari	SWCHS	3m89	1989
Shot Put (6K)	Pino Andreoli	JFKHS	14m13	1995
Shot Put (5K)	Pino Andreoli	JFKHS	16m27	1996
Discus (1.61K)	Poly Georganos	LOY	42m04	1980
Discus (1.5K)	Sashy Graham	LCCHS	39m50	2023
Javelin (800g)	Chris Kanellapoulos	LBPHS	54m95	1988
Pentathlon (Ind)	Ian Lowe	WHHS	3990 pts.	1992
Pentathlon (Team)	Joe Deluca	STPX	8524 pts.	1989
	Steve Fitz			
	Nelson Paiva			
1500m Walk	Deepak Boojhawon	RHS	11:34.84	1995
5000m Walk	E. Peloquin	WMHHS	26:58.0	1979