



G M A A

Greater Montreal Athletic Association – 5925 Monkland Ave, Suite 101, H4A 1G7  
 Phone: 514-482-8555 Fax: 514-487-0121 Email: [gmaa@gmaa.ca](mailto:gmaa@gmaa.ca) Website: [www.gmaa.ca](http://www.gmaa.ca)

**Meeting for All G.M.A.A. High Schools**  
**Meeting: Final Secondary Advisory Meeting**

**To:** SAC Reps  
**From:** Hughanna Gaw / Alexandra Eldon / Amanda Maks  
**Date:** Wednesday, June 9<sup>th</sup>, 2021  
**Time:** 4:00pm  
**Place:** Zoom Meeting (information below)  
**Present:**

BHS	Evan McCurdy	LOY	Phil Lafave
BIAL	Matt Starr	MACD	Jaime Guy
CENT	Chris Rodi	MAI	Eric Mechaly
ECS	Danielle Lecuyer	MMA	Jayson Stiell
HSBHS	Bryan Pitts	PCHS	Angela Crosbie
HZHS	Elad Ben-Eli	ROYAL (2)	MC O'Neil/Jeff Bateman
JFKHS	Pat Sullivan	SELW	Carl Benoit
JLHS	Mark Pfleeger	SHSM	Megan Littman
KELLS	Nicole Desmangles	STG	Holly Durkee
KSS	Christian Gaudette	STT	Marc Faubert
LA	Gil Manon-og	STUDY	Mona Bosnakyan
LAURN	Leon Tzortzis	TRAF	Marina Erfle
LCC (2)	Tifa Weekes/Max Rupert	WIC	Chris Merritt
LCCHS	Patrick Lanctot	WWHS	Jennifer Lussier-Price
LMAC	Andy D'Alessandro	GMAA	Amanda, Hughanna & Ali

**MINUTES**

**100 Additions to and Approval of Agenda**

Add 408 – RSEQ Update

MOTION TO APPROVE: Evan McCurdy - BHS

SECONDED: Jaime Guy - MACD

Unanimous

**200 Approval of Minutes of Dec. 2020**

MOTION TO APPROVE: Elad Ben-Eli - HZHS

SECONDED: Chris Merritt – WIC

Unanimous

**300 Business arising**

Equity, Inclusivity and Discrimination Committee/Task Force will be discussed in the RSEQ Update.



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#### **400 New Business**

#### **401 Year-end Summary 2020-2021**

Golf & Soccer – were able to register in the Fall of 2020 but we dropped into a red zone as of the end of September (and just got out of it on Monday). Were able to run two leagues, Virtual Chess & E-Sport Rocket League. We hope to continue these sports in the future. Let's Move – Virtually program was a real support for us this year. It provided online classes over zoom. Clash of the Classes was an elementary competition where schools did challenges within their class bubbles. Halo was a huge hit, with 6,518 runners (4,294 Elementary and 2,224 High School) from 29 schools. We had 0 ejections, 0 withdrawals, 9 defaults (8 chess & 1 rocket league).

#### **402 Competition Committee Recommendations**

The competition committee met on June 9th for two hours to go over various items. With protocols being signed by the RSEQ with sport federations, one of the stipulations is that the Federations oversee sport rules. The office staff went over the GMAA handbooks and took note of the various rules that differ from Federation rules. To fall in line with Federation Rules, here are the rule modifications as recommended by the competition committee.

**Basketball Rule Change proposals: The recommendation from the Competition Committee is to change the following rules to be in line with the Basketball Quebec Regulations.**

#### **LENGTH OF QUARTER TIME (going from 45-seconds to 2 minutes)**

6.3) Quarter time - is 2-minutes long and then the players are to be on the court. Half time - five minutes.

#### **PARTICIPATION RULE (minimum 9 players and only 9 players must meet participation)**

6.8) Participation Rule: A participation rule will be in effect for Division 4.2 competition in all age categories as well as all Bantam Divisions. A team must have a minimum of 9 players at the start of the game. The maximum number of players to mathematically meet participation is fifteen (15).

MAXIMUM PARTICIPATION: No player may play more than two (2) complete quarters during the first three (3) quarters of the game.

MINIMUM PARTICIPATION: Every player (9 mandatory) must participate in the equivalent of one (1) full quarter during the first three (3) quarters of the game. (One (1) full quarter = two (2) shifts of four (4) minutes each.)

The minimum participation rule must be met by only nine (9) players on each team. Any other players on the scoresheet may participate in the game (including in the fourth quarter) without having met the minimum participation rule.

#### **SUBSTITUTIONS (set the clock to 4 minutes and sub, not first basket/whistle after 4 mins)**

GMAA RULE: 6.9) Substitution Rule for Participation Leagues: Substitutions will take place at four minutes during the first three quarters. The clock will be set for 4 minutes, and the buzzer will sound to indicate substitutions.

#### **CHARGE CIRCLE (if there is a charge circle on the floor, the charge circle rule will be used)**

GMAA RULE: 6.12) Charge Circle: The FIBA regulations regarding the charge circle and offensive fouls related to the charge circle will apply to GMAA leagues if the appropriate lines are on the court.



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**BASKETBALL AGE CATEGORIES (recommend staying with GMAA ages)**

BASKETBALL AGES – GMAA Age categories are 1-2-2, Basketball Quebec are 2-1-2. We do not suggest a change to GMAA Basketball Ages.

**Indoor T&F & Outdoor T&F Rule Change proposals:**

**The recommendation from the Competition Committee is to change the following rules to be in line with the Track & Field Quebec Regulations.**

**INDOOR TRACK & FIELD AGE CATEGORIES 2021-22**

Bantam: Born 2009-2010

Midget: Born 2007-2008

Juvenile: Born 2003\*, 2004, 2005, 2006 \*born after June 30th, 2003

**INDOOR TRACK & FIELD EVENTS:**

Hurdle heights, numbers of hurdles and distance between hurdles will be revised to be in line with Federation information. At different age categories, different distances are run. The comprehensive list is below and will be outlined in the GMAA Handbook.

**Event list – yellow = a change, removal, or adjustment**

BANTAM	MIDGET	JUVENILE
60m	60m	60m
60m hurdle	60m hurdle	60m hurdle
150m	200m	200m
-	-	400m
800m	800m	800m
1200m	1200m	1500m
-	2000m	3000m
Long jump	Long jump	Long jump
High jump	High jump	High jump
-	Triple jump	Triple jump
Shot put	Shot put	Shot put
Girls 2kg	Girls 3kg	Girls 3kg
Boys 3kg	Boys 4kg	Boys 5kg
4x200	4x200	4x200

**Outdoor T&F Rule Change proposals:**

**OUTDOOR TRACK & FIELD AGE CATEGORIES GMAA Age Categories: 2021-22**

Bantam: Born 2009-2010

Midget: Born 2007-2008

Juvenile: Born 2003\*, 2004, 2005, 2006 \*born after June 30th, 2003

**OUTDOOR TRACK & FIELD EVENTS** Hurdle heights, numbers of hurdles and distance between hurdles will be revised to be in line with Federation information. The comprehensive event list is below and will be outlined in the GMAA Handbook.



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BANTAM GIRLS	MIDGET GIRLS	JUVENILE GIRLS
80m Hurdles 30"	80m Hurdles 30"	100m Hurdles 30"
200m Hurdles 30"	200m Hurdles 30"	400m Hurdles 30"
80m	100m	100m
150m	200m	200m
-	300m	400m
800m	800m	800m
1200m	1200m	1500m
-	2000m	3000m
4 x 100 relay	4 x 100 relay	4 x 100 relay
-	-	4 x 400 relay
Long Jump	Long Jump	Long Jump
High Jump	High Jump	High Jump
-	Triple Jump	Triple Jump
Shot Put (2 Kg.)	Shot Put (3 kg.)	Shot Put (3 kg.)
Discus (600 g.)	Discus (1 kg.)	Discus (1 kg.)
Javelin (400 g)	Javelin (500 g)	Javelin (500 g)

BANTAM BOYS	MIDGET BOYS	JUVENILE BOYS
80m Hurdles 30"	100m Hurdles 33"	110 Hurdles 36"
200m Hurdles 30"	200m Hurdles 30"	400 Hurdles 33"
80m	100m	100m
150m	200m	200m
-	300m	400m
800m	800m	800m
1200m	1200m	1500m
-	2000m	3000m
4 x 100 relay	4 x 100 relay	4 x 100 relay
-	-	4 x 400 relay
Long Jump	Long Jump	Long Jump
High Jump	High Jump	High Jump
-	Triple Jump	Triple Jump
Shot Put (3 kg.)	Shot Put (4 kg.)	Shot Put (5 Kg.)
Discus (750g.)	Discus (1 kg.)	Discus (1.5 kg.)
Javelin (500 g)	Javelin (600 g)	Javelin (700 g)



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Since Bantam Teams will lose 4 events in Outdoor T&F, a motion was put on the floor to adjust their number of entries per school per event.

**Motion:** Bantam Categories will be permitted to register 5 students per event, only the top 3 students from each school can qualify for the Championship Meet. Two (2) Relay Teams are permitted, however only one may qualify for the Championship Meet.

Midget Categories will be permitted to register 3 students per event. One (1) Relay Team is permitted. Juvenile Categories will be permitted to register 3 students per event. One (1) Relay Team is permitted.

MOVED: Andy D’Alessandro - LMAC

SECONDED: Jennifer Lussier – WWHS

VOTE: FOR: 25

OPPOSED: 0

ABSTENTIONS: 2

Motion is passed.

**Volleyball: The recommendation from the Competition Committee is to change the following rules to be in line with the Volleyball Quebec Regulations.**

**Minimum number of players (going from 6 minimum to 8 minimum to start)**

7.1) Number of Players: A team is considered to be eight (8) players. These players must be dressed and ready to play at the scheduled starting time.

**Libero (no libero in Bantam)**

6.5) 5. Libero Rule. The libero is permitted in Midget and Juvenile Leagues of GMAA Volleyball (Boys and Girls, Midget and Juvenile). It is at the coaches’ discretion to use the libero if they want.

**Handbook Revision: Grade 12 Rule: RSEQ**

Grade 12 students have always been permitted to participate in GMAA play. The RSEQ Rule was adjusted last year to say that if a student has their diploma from High School, they are not permitted to participate in RSEQ Provincial leagues (D1, D2) or any D3 Provincial Championships.

**Motion to permit Grade 12 students who are registered full time at a GMAA Member High school and who meet the age requirements to play in GMAA leagues. It is understood that these individuals are not eligible for RSEQ D1, D2 or RSEQ D3 Provincial Competitions.**

MOVED: Nicole Desmangles - KELLS

SECONDED: Marc Faubert – STT

VOTE: FOR: 20

OPPOSED: 0

ABSTENTIONS: 6

Motion is passed.

#### **403 Fall 2021 Plans**

With the positive announcement last week, we are holding out hope for a relatively normal year which includes extra curriculars. We are cautiously optimistic that we should be able to offer sports in the fall and into the winter. In the plans for Fall: Soccer, Boys Flag Football, Volleyball, Softball, Golf, Cross Country Run, Let’s Move Fall Session (hybrid version with virtual and/or in-person options)



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The consensus for scheduling meetings is:

Volleyball – Virtual Meeting with breakout rooms for each level/section. Master google doc for referee availability.

Flag Football – Virtual Meeting with breakout rooms for each level/section. Master google doc for referee availability.

Softball – send games to be scheduled out to schools. ~1 week later, schedule a virtual meeting for all teams. Can resolve any issues with scheduling games. (Own referees so dates are not an issue)

Soccer – SAC Reps will take one day to schedule all games for their schools. 45min-1hour time slots per level, all during the same day. SAC reps attend (or another ‘soccer person’) to make all schedules for all teams at their schools.

Schedule of games will be printed and/or sent to the SAC reps in advance. Will have a master schedule with a specified number of games reserved for each level. We will speak with some of the other regions since this is the way that they have been scheduling their games for many years.

**404 Calendar 2021-2022:** Calendar is set up as if life is back to normal as of early September. We bumped everything back by 7 days so schools could get relatively settled before we get going.

The only drastic change is the Basketball season dates. We received a request to extend the basketball season until after the March breaks. As it happens this year, the March breaks line up for three straight weeks at the end of February and beginning of March. The proposal on the calendar is the extend the season by 1.5 weeks, and then start the playoffs during/after the breaks. For example: the Jewish schools go on break in February, but any schools who need that week for tiebreakers or preliminary round games, they can be scheduled then. Then most schools are off for 1 week, but the two boards come back the second week of March, so some of those games could take place that week. Then the private schools get back so the games with them involved could take place that week. With the finals scheduled the last week in March so teams can confirm if they are attending provincials the second weekend in April. We propose to try this basketball calendar for one year and evaluate in June of 2022.

Flag Football Scheduling meeting falls on a Jewish Holiday and will be moved. Softball scheduling meeting will be moved to the week after to give schools time to make their schedules first.

We will not print calendars next year; we will not post or share the calendar until we can determine what we will be permitted to do in the fall. At that point, we will release calendar, budget and information about sports and seasons. We hope for this to happen mid-August \*around the week of August 16<sup>th</sup> to give schools adequate time to prepare for the year. There are rumors that an announcement will be made either at the beginning of August or end of August. We may adjust the August SAC Meeting to ensure that it falls after these announcements. We will keep the August SAC Meeting Virtual to allow for more flexibility in scheduling. The September Calendar Draft will be emailed out to SAC Reps after it is approved at the Board Meeting next week to help with fall planning.

MOTION TO APPROVE CALENDAR: Matt Starr – BIAL

SECONDED: Evan McCurdy - BHS

Unanimous



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#### **405 Pre-Payments 2021-2022**

We created a budget page based on the costs from last years' leagues that ran. With a lot of unknowns still circulating, these budgets are projected estimates and will be adjusted accordingly. They will be released with the calendar in the fall.

#### **406 Let's Move Program 2021-2022**

We plan to again offer our Extra Curricular Activity Program, 'Let's Move'. We hope to use the same instructors we had this year. We will try to offer some hybrid form of the program with classes being offered virtually and/or in person for instructors who would be ok to come into the schools. Prices would vary depending on Virtual/In Person classes. In theory we could offer some during the lunch-hours or before school as well. We would try to offer: Basketball, Dance, Yoga, Martial Arts, HIIT, Boxing, Theatre and/or others. All dates for registrations are already on the calendar with Fall, Winter and Spring 8-week sessions.

Thank you so much to those schools who registered with the program this year. We really lucked out with some amazing instructors and hope to continue with them in the future.

#### **407 Guides**

The office staff has prepared various guides to get pertinent information out to the appropriate people. Guides include:

**Coaches Guide** - a reference tool for coaches of any GMAA team. It outlines the processes from entering and registering a team, to scheduling meetings, to registering student-athletes, to entering scores and scoresheets. It also outlines championship and playoffs procedures for team sports.

**Committee Guide** - a reference tool for those individuals who volunteer as members of any GMAA Committee. Committees outlined: Board of Directors, Secondary Advisory Committee, Competition Committee, Various Sports Committees, Discipline Committee, Protest Committee, Appeals Committee & Coaches Code of Ethics Committee.

**Championship Guides** (showcase & non-showcase) – these guides are for teams participating and/or hosting our championship games.

These guides are complemented by our already existing SAC Rep responsibilities guidelines and our S1 User Guide.

#### **408 – RSEQ Update:**

In place of a GMAA-only Equity, Inclusivity, Discrimination Task Force/Committee, we are participating with the rest of the RSEQ on a province-wide focus on 4 Issues. Together with all the members of the RSEQ, we are currently working on the implementation of initiatives aimed at making a positive impact, in all regions of Quebec, by prioritizing four issues:

Les 4 Chantiers RSEQ: Racism - The place of women in sport - The participation of individuals with a functional limitation - The inclusion of LGBTQ+ communities.

The first round of consultations was done in May with day-long information gathering sessions that included 120 people for each of the issues. The process will continue in the fall with a survey that will be sent out to all student across the provide (14 years and older). More sessions will continue into November that will outline action items and a plan will be in place by February 2022. The GMAA plans to follow this initiative and if needed to modify and/or add to the plans once they are released.

SPORT. EDUCATION. PRIDE.



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In the meantime, regarding any issue concerning Race, Inclusivity or Discrimination we plan to continue using our discipline committee to handle any incidents that come up in GMAA leagues. The discipline committee currently sanctions any incidents in GMAA play and those decisions are ratified at the Board level. We will keep this process in place until the RSEQ plan comes out.

**August SAC Meeting – Tentatively scheduled for Wednesday, August 25<sup>th</sup>, 1:30pm on Zoom.**