



was not ideal in the fall, given that we were not able to run anything until the Let's Move program it has not been easy. Thank you to all the schools who have gotten in their member fees - that has helped. We got approved for our RSEQ Ministerial grants that should be coming in before the end of the month, which should also help a lot.

#### **402 Let's Move – Virtually Winter 2021 Session**

The Fall Let's Move session was a great success with 4 classes offered. We decided to expand our offer of classes for another 8-week session in the winter. The registration for the Let's Move winter session is now open until Dec 16<sup>th</sup>. For this session we are offering a wide variety of different classes (11 options).

Options include:

YOGA (with 6 different themes to choose from including a Yoga for Teachers option)

Brazilian JuJitsu

HIIT Fitness (with 3 themes to choose from)

Dance (hip hop, funk style)

Mind Game Trivia

Basketball Ball Handling & Fitness

Boxing

Musical Theatre

Zumba

Balancing E-motion (Tai-Chi, Meditation, Yoga flow combo class)

Breaking (just announced yesterday as a new Olympic Sport in 2024)

It might be a good idea to offer some classes to your "teams". For example, sign your basketball athletes up for Ball Handling and Fitness or your dance teams for dance or maybe even your Drama students in Musical Theatre.

All information can be found on the GMAA website. Class registration is on a first come, first serve basis. Also, schools that have received the 15028 grants can use the grant for these activities. We hope that we will have some new schools register this session.

#### **403 Virtual Chess & Rocket League**

Offering E-Sport has forced us to step out of our comfort zone once again. We are pleased to announce that we have officially launched our first e-sport leagues! Chess has 10 teams registered and had their scheduling meeting yesterday. Rocket league has 6 teams registered and will be scheduling tomorrow.

The leagues will run from mid-January until the end of March. The schedule and standings will be on S1 and we will be naming our first ever GMAA Virtual Chess and GMAA Rocket League champions in the spring.

#### **404 Virtual Cross-Country Skiing 2021**

We are planning to have a Virtual Cross-Country Skiing event the first two weeks of February. It will be almost identical to the virtual cross-country running event that was held in the fall, the only difference is that students will be skiing and not running. Each school will get to design their own race routes at the location of their choice. We will ask that the routes are sent to the office for approval. You will have two full weeks to get your races in and another full week afterwards to get your results in.

#### **405 Let's Talk Track & Field with ESIM**

With no end of Red Zone restrictions on the horizon, we have been searching for ways to offer some of our winter sport athletes something to look forward to. In stepped ESIM (Excellence Sportif de L'Ile de Montreal) with their rising stars campaign. The GMAA will be sending out an invitation to your Track & Field athletes for a free virtual webinar, organized in collaboration with ESIM. This 45-minute-long webinar will feature M. Patrice Labonté, a rising

star and Olympic hopeful in the steeple chase and 10,000m run. This conference will give your student-athletes a chance to interact with a high-level track & field athlete on the various issues connected to the ongoing global pandemic. Patrice will introduce himself with a short bio and will outline some of his strategies on dealing with training, mental health, nutrition, and motivation during the pandemic. This will be followed by an open question period. This webinar is available to all your indoor and outdoor track & field students-athletes. It will be held on January 21, 2021 starting at 7:30pm. Schools will register with the GMAA and will be sent a Zoom link to log in on the evening of the 21st. Coaches are also welcome! Information and Invitation will be sent out after this meeting. Schools must register before January 15<sup>th</sup> so we can confirm numbers with ESIM.

#### **406 Equity, Inclusivity and Discrimination Committee/Task Force**

As mandated by the Board of Directors in September the office is exploring the possibility of creating a committee or task force to address issues of discrimination in our GMAA leagues. We would like to start the process with gathering of information. We had initially reached out to a few SAC reps at various schools to see if they would be interested in being a part of an initial Conversation about equity, inclusivity, and discrimination. But we have decided to perhaps open the information gathering request to the entire GMAA Community. We would set up an anonymous google form that could be filled out by student-athletes, coaches, administrators, staff members, officials, etc with a general request for information.

Main topics that we hope to gather information about would be:

- 1) Issues or acts of discrimination that have happened in GMAA leagues either officially or unofficially.
- 2) Opinions on the current GMAA Governing Rules and Sanctions for Discriminatory infractions
- 3) Education – what programs exist, how can we make them available to our schools, should they be mandatory, etc
- 4) Any Suggestions

Right now, the main goal is to gather information. We hope to have a clear direction and mandate after the information gathering session. This will be brought to the Board of Directors Meeting next week for discussion and approval.

#### **407 Spring Tentative Plans**

Right now, as of the end of March nothing is off the table for us. If we can offer some semblance of our regular sports and leagues, we will do it. We will be ready for any schools who are ready to play once we get the green light from the government. Parameters will be set up like our Fall league in terms of following all sport federation return to play guidelines. We will offer as many sports as possible; priority will be given to Juvenile teams. If we can offer a full complement of sports in the spring season, schools will have to decide what, if anything, they are comfortable participating in.

We do plan to offer a Spring Session of the Let's Move Virtually Program, another virtual race to replace the Halo (will we ever celebrate our 40<sup>th</sup>?! ) and if team sports are not on the table, we could set up a spring outdoor tennis league and 1-2 golf tournaments. Again, nothing is off the table. We will be ready when you are.

#### **408 Question Period**

N/A

**Happy Holidays - stay safe and stay healthy.**